



November 2021 • Volume 13 • Issue 11

PSN Family Resource Center NEWSLETTER



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Diaper Distribution

Triple P Small Group

**November Events for
Families to Celebrate**

**Mealtime Conversation
Starters**

9 C's of Citizenship

No matter where you live, there are ways to be a good community member—in your own neighborhood and in the larger world.

When thinking about how to help children grow into responsible, caring members of the community—and how to help them make a difference and build a better world—you can remember the 9 Cs of citizenship.

Community: Explain to children that most people belong to a community—a place in which people live together. Communities can enjoy good times together and also get through tough times together. A community is full of neighbors and businesses, and usually has a school and places that help keep its members safe, like a firehouse. A community also has helpers such as energy workers, trash removers, and doctors and nurses.

Connecting is an important part of living within a community. It helps everyone feel that they belong to a group—it can give us the energy to make our communities even better.

Compassion & Caring: Draw six concentric circles for children to explain the idea of “circles of compassion and care.” The individual is at the center, surrounded by concentric circles of family and friends, then neighbors, then state, then country, then the whole world. (This applies to adults, too!) Especially in tough times, we can keep trying to widen our circle of compassion, extending our care and concern beyond our day-to-day life.

Communication: It's important to help children use words to solve problems. Explain that talking and listening are great ways to be a good neighbor. It's also important to let others know when we need help.

Change: Of course, we all see problems that need fixing. Help children remember that there is always something we can do to make things better, even in small ways. For instance, on a block that is dirty or doesn't have much color, you might paint rocks in bright colors and leave them at the base of trees.

Contributing means giving money, time, ideas, or energy. Volunteering is an important way of contributing! Point out when you see children contributing.

Cooperating is a skill that will help children succeed in school and in life! When children are sharing and taking turns, point out that this is called cooperation, and it's a great way to be a good friend.

...And **Celebrating!** It's great to enjoy special times together as a community...and be proud of our successes! For instance, if community members have painted a public mural, they might gather together for a block party so everyone can admire it and take photos. Children might decorate sidewalks with birthday messages, especially when social distancing is necessary. People might make signs to post in their windows celebrating essential workers. Volunteers might play music to celebrate the opening of a community garden. Whatever the gesture, celebrations help us grow stronger together.



8600 Sheridan Road
Entrance B
Kenosha, WI 53143
262-697-4651

<https://sesamestreetincommunities.org/topics/little-neighbors/?activity=9-cs-of-citizenship>



**FREE DIAPERS TO
FAMILIES IN NEED!**

**DIAPER
DISTRIBUTION**

**November 18
3-4:00 pm**

FREE diaper distribution!

No registration necessary.

Diapers are first come-first served
while supplies last.

Sizes newborn, 2, 3, 4, 5, 6 & pull ups.

Kenosha County Job Center
8600 Sheridan Road
Drive up to Entrance B

Contact Alison at 262-605-6545 or
alison.haas@kenoshacounty.org for
more information.

**If you are in need of hygiene
products, such as shampoo or soap,
let us know when you arrive.**

TRIPLE P—POSITIVE PARENTING PROGRAM

Triple P – Positive Parenting Program knows all parents have different needs. That's why Triple P has many different ways to get your parenting help so you can choose what will best suit you and your family.

Virtual Triple P Small Group

All sessions run from 10AM—Noon on Zoom

- November 9 Dealing with Disobedience
- November 16 Developing a Good Bedtime Routine
- November 23 Hassle Free Shopping with Children
- November 30 Managing Fighting and Aggression

Registration is required: <https://tinyurl.com/2m6xm5mz>

or contact Alison at 262-605-6545, alison.haas@kenoshacounty.org to reserve a spot.

Are you a parent or guardian looking for parenting classes or one-on-one parenting support? Triple P has a variety of levels to suit your family's needs. Contact Alison at 262-605-6545 or alison.haas@kenoshacounty.org to find out about upcoming sessions and offerings.

Check out our facebook page for more information: facebook.com/preventionservicesnetwork/



for every parent



**CHILD ABUSE & NEGLECT
Prevention Board**



10 Highlights of November Events Your Family Can Celebrate

From Día De Los Muertos to Thanksgiving to Hanukkah...There's a lot to celebrate in Nov.!

It's hard to believe November is here and we're so close to the start of 2022. This is a month for families to give gratitude, celebrate different cultures and histories, vote ... and turn back the clocks.

Plus, Hanukkah comes early this year ... so make sure you're ready!

Here are 10 holidays and events your family can look forward to in November.

Native American Heritage Month

This is a great time of year to learn about the people native to your town. Don't know where to start? [Native-Land.ca](https://native-land.ca) is an indigenous-led tool that maps out indigenous territories, treaties, and languages throughout the world.

National Adoption Month

National Adoption Month is an initiative of the U.S. Department of Health and Human Services' Children's Bureau and was created to increase national awareness of adoption issues, especially the need for adoptive families for teens in the U.S. foster care system. Data from the Adoption and Foster Care Analysis and Reporting System show only 5 percent of all children adopted in 2019 were 15-18 years old and there are over 122,000 children and youth waiting to be adopted who are at risk of aging out of foster care without permanent family connections. Contact fostercare@psgcip.com to find out more about adoption in Kenosha County.

Día de los Muertos

This celebratory Mexican holiday is a remembrance of the dead. Watch the moving Disney Pixar film "Coco" with your kiddos to help them understand the meaning behind this holiday. [Find out more about the Día de los Muertos traditions.](#) Nov. 1 and 2

Election Day

We know we don't have to tell you how important it is to vote. Or how vital it is to teach your kids the importance of exercising their right to vote. Take them with you to the voting booth on November 2nd so they can see democracy in action. Local elections matter! Visit <https://myvote.wi.gov/en-us/> to find your local election information.

Diwali

Also known as the Festival of Lights, Diwali celebrates the Indian new year. It traditionally spans over 5 days, but many families will gather on day three as that is when the major festivities take place. In 2021 the main date of celebrations take place Thursday, Nov. 4. Sharing food and sweets is an integral aspect of Diwali.

The End of Daylight Saving Time

Before kids, the end of daylight saving time was probably a welcome date — after all, it meant an extra hour of blissful, uninterrupted sleep! But post-kids? That extra hour can now mean cranky kids and long days of disrupted naps and bedtimes. [Read tips from a sleep consultant on how to help your kids adjust.](#) Nov. 7

Veterans Day

Celebrate a veteran in your life by having your kids write a letter, draw a picture of thanks, or interview them about their experiences. Need to connect to a veteran? [Operation Gratitude](#) collects and distributes letters to veterans, as well as deployed troops, new recruits, and first responders. They even have a guide to letter writing to help you and your kids get started. Nov. 11

Thanksgiving

It's the mother of all American November holidays! Nov. 25

Small Business Saturday

We love supporting local businesses all year long — and hope you do too! Small Business Saturday is a chance for you to support local businesses while doing your holiday shopping. Check out this [business directory](#) from Downtown Kenosha. Nov. 27

Hanukkah

Feel like Hanukkah is early this year? You're right! It hasn't started in November since 2013 and won't again until 2032. So enjoy this 8-day Jewish holiday early this year! [Here are six kids' books about Hanukkah we love.](#) Nov. 28-Dec. 6

PSN Family Resource Center

The mission of the PSN Family Resource Center is to provide programs and services that build on family strengths through prevention, education, support and networking in collaboration with other resources in the community.

**Visit us during open hours, Tuesday, Wednesday and Thursday, 10am—2pm.
Check in at Entrance D.**



Meet Our Staff

Erin Morey, Director of Operations
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Find us on:
facebook®

Like us on Facebook or visit our website:
www.PSNFamilyResourceCenter.com.



SesameStreetInCommunities.org

Good Neighbors: Helping Hands

Trace your hand here. What are some ways you have helped, or might help, a friend or neighbor in your community? A grown-up can write your ideas down on each finger. Then color your helping hand.

