



April 2022 • Volume 14 • Issue 4

# PSN Family Resource Center NEWSLETTER



*What's Inside:*

**Diaper Distribution**

**Triple P Positive Parenting  
Program Workshop**

**Strengthening Families  
in April**

**You Can Count on  
Me Activity**

## Ten Ways to Help Prevent Child Abuse

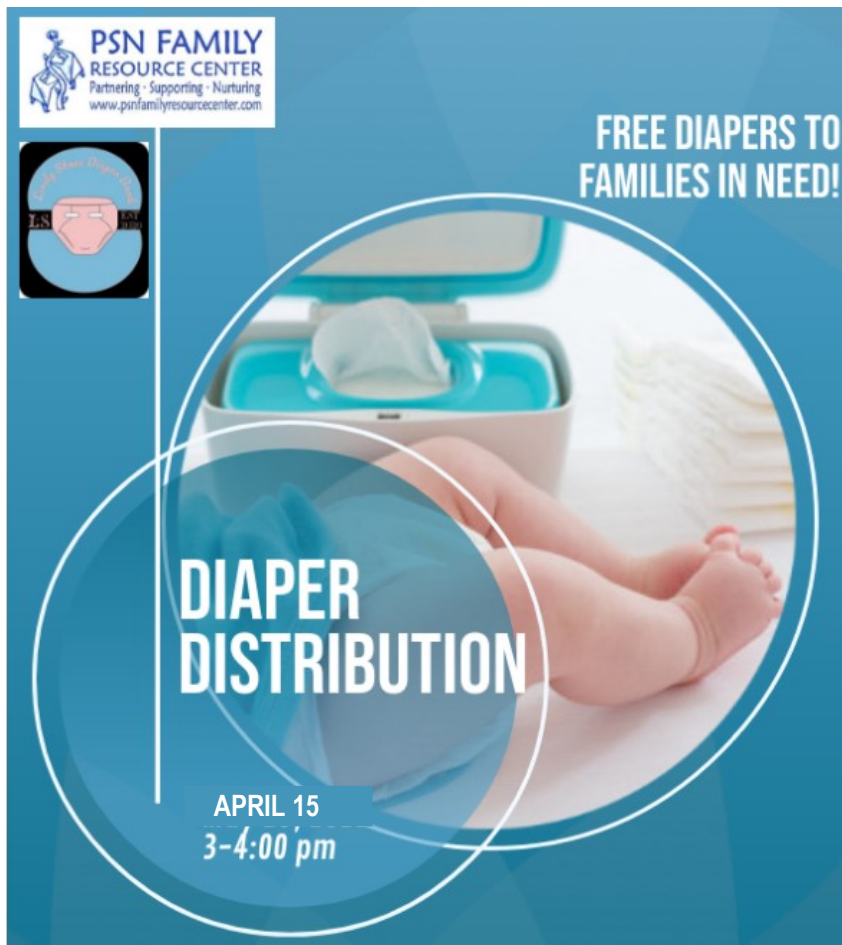
Have you ever found yourself thinking about the ways in which you can make a difference in a child's life? Here is a list of ten ways to help prevent child abuse that are simple, every day actions that can make a big impact.

- 1. Be a nurturing parent.** Children need to know that they are special, loved, and capable of following their dreams.
- 2. Help a friend, neighbor, or relative.** Being a parent isn't easy. Offer a helping hand take care of the children, so the parent(s) can rest or spend time together.
- 3. Help yourself.** When the big and little problems of your everyday life pile up to the point you feel overwhelmed and out of control—take time out. Don't take it out on your kid.
- 4. If your baby cries...**It can be frustrating to hear your baby cry. Learn what to do if your baby won't stop crying. Never shake a baby—shaking a child may result in severe injury or death.
- 5. Get involved.** Ask your community leaders, clergy, library, and schools to develop services to meet the needs of healthy children and families.
- 6. Help to develop parenting resources at your local library.** Find out whether your local library has parenting resources, and if it does not, offer to help obtain some.
- 7. Promote programs in school.** Teaching children, parents, and teachers prevention strategies can help to keep children safe.
- 8. Monitor your child's television, video, and internet viewing/usage.** Excessively watching violent films, TV programs, and videos can harm young children.
- 9. Volunteer at a local child abuse prevention program.** For information about volunteer opportunities, call 1.800.CHILDREN or contact your local Prevent Child Abuse America chapter.
- 10. Report suspected abuse or neglect.** If you have reason to believe a child has been or may be harmed, call your local department of children and family services or your local police department.



8600 Sheridan Road  
Entrance B  
Kenosha, WI 53143  
262-697-4651

Review the full article [here](#).



## FREE diaper distribution!

No registration necessary.

Diapers are first come-first served while supplies last.

Sizes newborn, 2, 3, 4, 5, 6 & pull ups.

Kenosha County Job Center

8600 Sheridan Road

Drive up to Entrance B

Contact Alison at 262-605-6545 or [alison.haas@kenoshacounty.org](mailto:alison.haas@kenoshacounty.org) for more information.

## TRIPLE P—POSITIVE PARENTING PROGRAM

Triple P – Positive Parenting Program knows all parents have different needs. That's why Triple P has many different ways to get your parenting help so you can choose what will best suit you and your family.

### Triple P Workshops—Virtual Parenting Sessions

Join us on Zoom to get simple and practical strategies to help build strong, healthy relationships, confidently manage children's behavior and prevent problems from developing.

Workshop dates:

- April 5—Balancing Work and Family
- April 12—Tantrums
- April 19—Self Esteem

Session will run from **12pm—2pm**

**Registration is required. Sign up here:** <https://tinyurl.com/42pvxt3>

Check out our facebook page for more information: [facebook.com/preventionservicesnetwork/](https://facebook.com/preventionservicesnetwork/)

Are you a parent or guardian looking for parenting classes or one-on-one parenting support? Triple P has a variety of levels to suit your family's needs. Contact Alison at 262-605-6545 or [alison.haas@kenoshacounty.org](mailto:alison.haas@kenoshacounty.org) to find out about upcoming sessions.



CHILD ABUSE & NEGLECT

**Prevention Board**



April is Child Abuse and Neglect Prevention Month and the Safe Kids, Strong Families Committee has been working to come up with some great events and activities to bring awareness to this important cause. Visit us on facebook at [www.facebook.com/SKSFKeno](http://www.facebook.com/SKSFKeno) for more information and registration details.

# APRIL EVENTS

SUN MON TUE WED THU FRI SAT

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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

## Safe Kids · Strong Families

Preventing child abuse through  
*strengthening families.*

- \* **April 01**—Wear Blue Day—Wear blue all day to show support for Child Abuse and Neglect Prevention Month!
- \* **April 07**—Connie Reyes Award ceremony event virtually via ZOOM at 4pm.
- \* **April 13**—Triple P Event, 4:30pm at Simmons Library
- \* **April 20**—Family Craft Night! Join Alison via ZOOM for a fun filled family craft night. Register at <https://tinyurl.com/4f2pheex>.
- \* **April 28**—Triple P Event, 10:30am at Northside Library
- \* **April 30**—Family Fun Run/Walk @ Kemper Center. Check-in starts at 8:30am, run/walk at 9:15am. <https://tinyurl.com/y9p4c3dx>
- \* **April 30**—Kenosha County Families Branching Out Resource Fair
- \* Help us recognize strong families in Kenosha! Nominate a Strong Family here: <https://tinyurl.com/3dk9shkn>

Follow the Safe Kids, Strong Families Facebook page at [www.facebook.com/SKSFKeno](http://www.facebook.com/SKSFKeno) for information on registering for any of the April events or call Alison at 262-605-6545.

# PSN Family Resource Center

The mission of the PSN Family Resource Center is to provide programs and services that build on family strengths through prevention, education, support and networking in collaboration with other resources in the community.



## Meet Our Staff

Erin Morey, Director of Operations  
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Find us on:  
**facebook.**

Like us on Facebook or visit our website:  
[www.PSNFamilyResourceCenter.com](http://www.PSNFamilyResourceCenter.com).

## You Can Count on Me



Rosita has so many people who care about and support her. Her mami and her friends Elmo and Abby are some of them. Color the picture and use your finger to show Rosita the path to the playground. Greet each friend you see along the way.

**Who are the people that help you? Draw them along the path too!**

