



July 2023 • Volume 15 • Issue 7

PSN Family Resource Center NEWSLETTER

What's Inside:

Diaper Distribution

**Triple P Parenting
Workshops**

We're Hiring!

Sun Safety

Extreme Heat: Keeping Kids Safe When Temperatures Soar

Usually, playing and exercising outside boosts a child's physical and mental health in many ways. However, a heat index at or above 90°F, as identified by the National Weather Service, poses a significant health risk.

High temperatures and extreme heat can cause children to become sick very quickly in several ways. It can cause dehydration, heat exhaustion, heat cramps and heat stroke, which is a medical emergency. High heat can also contribute to irritability both for children and their caregivers. And with extreme heat increasing in areas of the United States due to climate change, "eco-anxiety" can cause emotional distress.

To protect your child from the heat as much as possible, watch for symptoms, and call your pediatrician if you see any develop.



Playing it cool in extreme heat

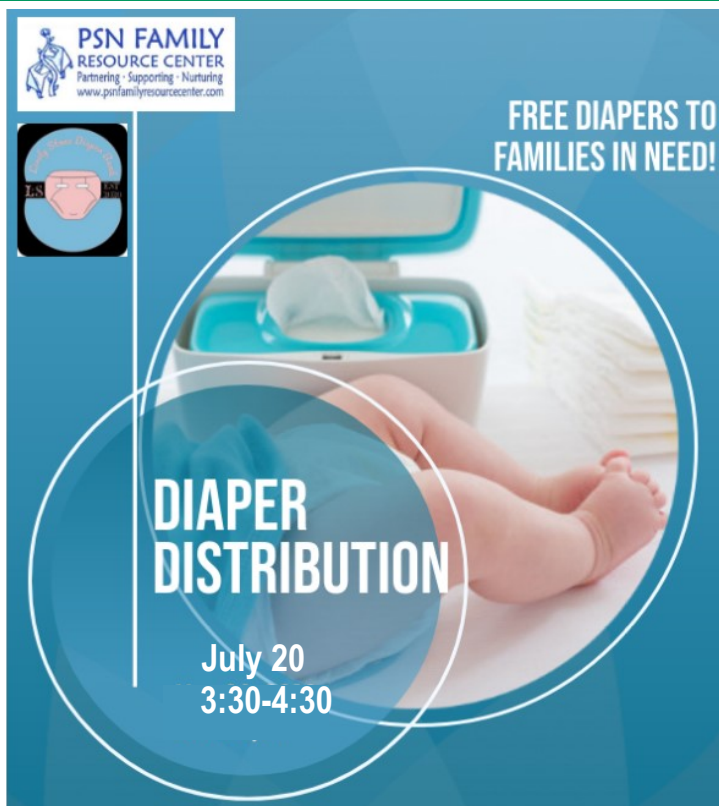
When it's very hot, going to the swimming pool or beach for a short time or staying inside to work on crafts, reading or playing board games makes the most sense. Plan ahead if you know there will be several days of high heat in a row. Try to think of creative ways to have kids switch up their activities and avoid "cabin fever" or restless, irritable feelings. To them stay active, suggest some easy yoga stretches or playing indoor hide-and-seek or making up fun physical challenges that aren't too strenuous.

If your home does not have air conditioning, find a nearby building that does. Libraries and shopping malls can be great places for a cool retreat from the heat. If you live in a place where there are frequent power outages or your air conditioning is not consistently working, identify a safe place for your family to go during times when the temperatures are very high. Many towns and cities offer cooling centers in gyms or other large buildings for those who need relief from the heat.

Click [here](#) for the full article.



8600 Sheridan Road
Entrance B
Kenosha, WI 53143
262-697-4651



FREE diaper distribution!

No registration necessary.

Diapers are first come-first served with limited supplies.

Sizes newborn, 2, 3, 4, 5, 6

Kenosha County Job Center

8600 Sheridan Road

Drive up to Entrance B

Contact Alison at 262-605-6545 or
alison.haas@kenoshacounty.org for more
information.

TRIPLE P—POSITIVE PARENTING PROGRAM

Triple P – Positive Parenting Program knows all parents have different needs. That's why Triple P has many different ways to get your parenting help so you can choose what will best suit you and your family.



Workshops—Virtual Parenting Sessions

Triple P is going **VIRTUAL!** Join us on Zoom to get simple and practical strategies to help them build strong, healthy relationships, confidently manage their children's behavior and prevent problems developing.

Seminar dates:

- July 12, 2023, Dealing with Disobedience
- July 19, 2023, Building your Child's Self-Esteem
- July 26, 2023, Coping with Stress

Each session will run from **9:30—11:30 AM**

Registration is required. Sign up here: <https://tinyurl.com/tpcxs8e4>

Check out our facebook page for more information: facebook.com/preventionservicesnetwork

Prefer one-on-one parenting help? We can offer a virtual experience fit to your family's needs. Contact Chelsea at Chelsea.colwill@kenoshacounty.org for more information.

We're Hiring! Come join our team.

Nature of Business: Under contract with the Kenosha Department of Human Services, NJM Management Services, Inc., provides the Department with a Prevention Services Network administrative staff that is involved in a variety of management functions.

Position Title: Service Coordinator, Prevention Services Network

Position Status: Project employee position for full-time work on projects for the Kenosha County Department of Human Services, Division of Children and Family Services.

Position Summary: Under the direction of the Prevention Services Network Director of Operations, the Service Coordinator assists families to identify their needs and strengths through in-home assessments. The Service Coordinator is also responsible for the following:

Primary Responsibilities:

Conduct in-home family assessments based on referrals from Division of Children and Family Services, Division of Workforce Development, schools and other agencies.

Write comprehensive family assessments, based on in-home visit. This assessment will include identified family/individual needs, family strengths, available resources, and recommended services. When necessary, this includes serving as an advocate for the individual/family. Review service recommendations with family.

Make initial contact with service providers regarding families being referred to service provider.

Assists in the development of family service plans through regular participation in scheduled Prevention Services Network Service Review Team meetings;

Coordinate and facilitate family teams.

Coordinate and facilitate communication between service providers in implementation of Prevention Services Network service plans.

Assist with problem solving as needed.

Advocate for family needs that are not part of the Prevention Services Network funded services.

Maintain case records and established Prevention Services Network database.

Track services for performance outcomes, assist in completing required reports.

Participate in on-going Prevention Services Network program development and evaluations.

Participate in and provide support services for Prevention Services Network grant development/alternative funding initiatives.

Serve as liaison to other agencies that are members of the Prevention Services Network.

Complete other duties as assigned by Supervisor.

Qualifications:

Bachelor degree in a human service area;

At least 3 years of experience providing case management and assessment services to economically disadvantaged individuals;

Extensive knowledge of the resources available in the community;

Ability to implement quality improvements; and

Demonstrated excellence in written and oral communication.

For more information contact Erin Morey at erin.morey@kenoshacounty.org.

PSN Family Resource Center

The mission of the PSN Family Resource Center is to provide programs and services that build on family strengths through prevention, education, support and networking in collaboration with other resources in the community.

Contact the PSN Family Resource Center at 262-697-4651.



Meet Our Staff

Erin Morey, Director of Operations
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Find us on:
facebook®

Like us on Facebook or visit our website:
www.PSNFamilyResourceCenter.com

Pack for Sun Safety

Directions: Color and cut out the pictures that help you stay safe in the sun and glue them to your beach bag.

