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PSN Family Resource Center EWSLETTER



A New Year. A New Mindset

Diaper Distribution

Triple P Parenting Sessions

Learn the Seasons



8600 Sheridan Road Entrance B Kenosha, WI 53143 262-697-4651

KUSD School Changes for 2024-2025

SCHOOL OPTIONS

Life is not a one size fits all journey, and neither is school for our students. That's why KUSD offers parents/guardians and their children a variety of boundary, choice and charter schools to best meet the needs of all learners in grades 4K-12. Each student in KUSD is assigned to a school based on the boundary in which they live. However, every student has the option to attend other schools by choice.

What's the difference between a boundary, choice, and charter school?

Boundary schools are assigned based on a student's home address – find yours using the boundary school locator tool.

Choice schools are schools other than a student's assigned boundary school that accept students based on an application process.

Charter schools are schools other than a student's assigned boundary school that accept students based on a lottery system.

BOUNDARY SCHOOLS

Families who plan to attend their assigned boundary school should complete the annual registration process. Registration for boundary schools opens mid-February each year.

CHOICE/CHARTER SCHOOLS

The deadline to apply for choice and charter schools was Wednesday, Dec. 20, 2023 at noon. Choice/charter schools will review

applications or run their lotteries, notifying families of final decisions by Wednesday, Jan. 10, 2024. Families will have until Wednesday, Jan. 17, to accept or decline. Families with questions are encouraged to contact the Office of School Leadership at 262-359-6008.

PARENT INITIATED SCHOOL TRANSFER REQUEST

The Parent Initiated Transfer window outlined in will open Jan. 1 and run through Jan. 21, 2024. Parents/guardians who want their child to attend a boundary school other than their assigned school must submit a Parent Initiated Transfer Request. Please note that students on a currently approved parent initiated transfer do not need a new request to remain at their current school building. If you have any questions about your child's transfer status for 2024-25, please contact your child's current school.

Electronic request forms will open on Jan. 1, 2024. If preferred, paper copies are available via your child's current school.

To review boundary schools in Kenosha Unified, visit <u>KUSD schools.</u>

If you have questions, please call your boundary school office or the Office of School Leadership at 262-359-6008.

Parent Initiated Transfer Request: Grade 1-12 electronic form

<u>Parent Initiated Transfer Request: 4K-K electronic form.</u>

A New Year. A New Mindset

It's a new year—a time for new beginnings—the perfect time to bring the whole family together to set resolutions and goals for the year to come. Even young children can take part in this bonding experience! Making resolutions is easy but sticking to them can be hard. How can your family make healthy resolutions that lead to positive change?

It's all about our mindset

Our mindset is how we view success, failure, wins, and setbacks. People tend to have two types of mindsets:

A growth mindset helps people view setbacks and failures as an opportunity to grow, learn and improve. They believe they can make positive changes, even if it takes many tries. This way of thinking can lead to more overall satisfaction and happiness.

A fixed mindset leads people to view setbacks and failures as proof they are never going to change or aren't good enough, which can cause them to lose motivation to keep trying. This way of thinking can decrease a person's self-esteem, satisfaction, and happiness.

Do you tend to have more of a growth or fixed mindset? How about your child? The good news is that all people can learn to have a growth mindset more often because our brains can change!

How to set goals with a growth mindset

Learning to set goals and make positive changes as a family can help your child develop lifelong habits that support wellness. Parents and caregivers play a key role in supporting this—here are some tips to get you started:

Work together – Kids are often being told by adults what they have to do or should do. When it comes to goal-setting, internal motivation is key. Work together with your child to brainstorm goals they want to reach and then support them in their journey to make the change.

Make goals realistic – You've probably heard the saying, "biting off more than you can chew?" While setting big goals can lead to big successes, these can also lead to big setbacks. These experiences can cause kids to fall back into a fixed mindset. Help your child set small goals they can achieve. One small success can help your child feel satisfied and proud of their efforts. Small setbacks can also help them learn to accept and move forward from failure.

Add the word 'yet' to your family's vocabulary – A fixed mindset can lead kids and adults to think or say things like "I'll never be good at this" or "I can't do it." The word yet is small but mighty! Let's see it in action with these same statements: "I'm not good at this yet" or "I can't do it yet". Can you feel the powerful shift in mindset? Try adding it to your everyday conversations!

Teach your child how change happens – Help your child set goals with the understanding that setbacks are normal. Change is messy. When your family sets goals with this in mind, your child is more likely to accept and move forward from setbacks and failures.

Practice self-compassion – When setbacks happen, it's easy to be hard on ourselves. Both kids and adults can benefit from learning to be more kind to themselves. Here's something you and your child can both try: when you make mistakes, ask yourself, "how would I treat a friend in this situation?" You'd probably give them reassurance, kind words, and a hug. Try to do the same for yourself.

Words matter

The way we praise our children has a huge impact on the way they view themselves. Praise the effort, not the outcome! This encourages a growth mindset. Let's see it in action:

Read the full article here.



FREE diaper distribution!

No registration necessary.

Diapers are first come-first served with limited supplies.

Sizes newborn, 2, 3, 4, 5, 6
Kenosha County Job Center
8600 Sheridan Road
Drive up to Entrance B

Contact Alison at 262-605-6545 or alison.haas@kenoshacounty.org for more information.

TRIPLE P—POSITIVE PARENTING PROGRAM

Triple P – Positive Parenting Program knows all parents have different needs. That's why Triple P has many different ways to get your parenting help so you can choose what will best suit you and your family.



Virtual Parenting Sessions

Triple P is **VIRTUAL!** Join us on Zoom to get simple and practical strategies to help build strong, healthy relationships, confidently manage children's behavior and prevent problems developing.

Contact Alison Haas at alison.haas@kenoshacounty.org to register for a future event.

Check out our facebook page for more information: facebook.com/preventionservicesnetwork

Prefer one-on-one parenting help? We can offer a virtual or in person experience fit to your family's needs. Contact Chelsea at chelsea.colwill@kenoshacounty.org for more information.

PSN Family Resource Center

The mission of the PSN Family Resource Center is to provide programs and services that build on family strengths through prevention, education, support and networking in collaboration with other resources in the community.

Contact the PSN Family Resource Center at 262-697-4651.





Meet Our Staff

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Find us on:

facebook.

Like us on Facebook or visit our website: www.PSNFamilyResourceCenter.com.

Learn the Seasons of the Year

Color the winter boxes blue. Color the spring boxes pink. Color the summer boxes yellow. Color the fall boxes orange.

| Winter | Fall | Spring | Summer |
|--------|--------|--------|--------|
| Spring | Summer | Winter | Fall |
| Fall | Winter | Fall | Spring |
| Summer | Spring | Summer | Winter |