

Recreation & Wellness Resource Guide

2023 - 2024



Wisconsin Water Ski Federation



Department of Natural Resources



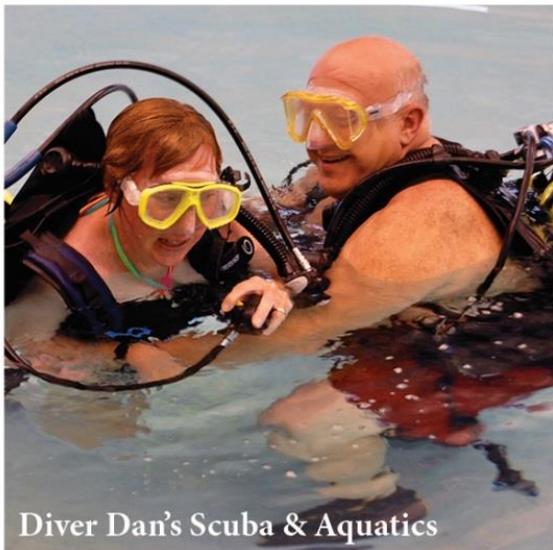
GLASA



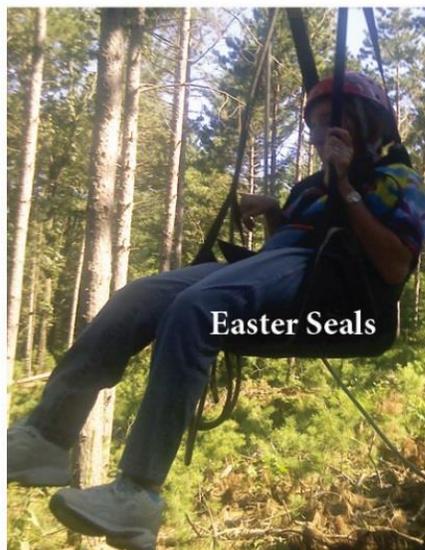
Just Add Kids



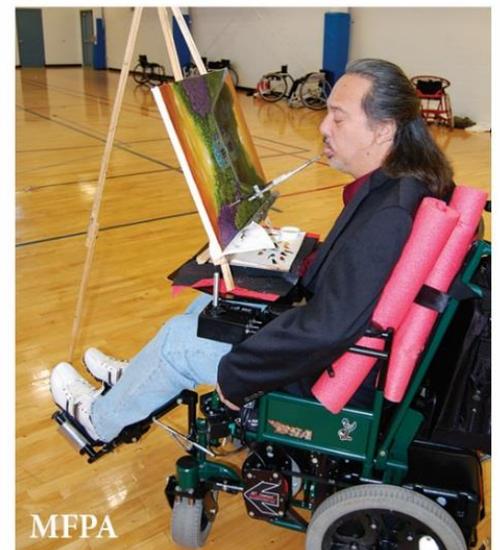
GLASA



Diver Dan's Scuba & Aquatics



Easter Seals



MFPA

Recreation & Wellness Resource Guide

ON THE COVER

Accessible Water Skiing, Wisconsin Water Ski Federation. *In the photo, Chad.*

Accessible Kayaking, Department of Natural Resources. *In the photo, Nathan Mack.*

Wheelchair Basketball, Great Lakes Adaptive Sports Association.

Autism Awareness, Just Add Kids.

Wheelchair Tennis, Great Lakes Adaptive Sports Association.

Scuba Diving, Diver Dan's Scuba & Aquatics. *In the photo, Dan Vaccaro and Pamela DeVuyst.*

Zip-lining, Easter Seals. *In the photo, Pamela DeVuyst.*

Mouth Painting, Mouth and Foot Painters Association. *In the photo, artist, Jeff LaDow.*



This is a free publication of the Kenosha County Aging & Disability Resource Center, (ADRC).
For more information or for additional copies contact the ADRC at 262-605-6646.

***Disclaimer:**

This information is believed to be accurate as of the date of the last update. The Aging & Disability Resource Center (ADRC) may not be held responsible for using this information in a way it was not meant to be used. The ADRC does not recommend or screen the business or services and is not responsible for any business policies. Please use your judgement when calling for services, getting estimates, checking references and licenses. For professional license information, you can contact the Wisconsin Department of Regulation and Licensing by phone: 608-266-2112, or access their website: online.drl.wi.gov/LicenseLookup/LicenseLookup.aspx

You can also contact the Better Business Bureau by phone: 1-800-273-1002 or access their website: www.wisconsin.bbb.org/

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For further information and resources for individuals with a disability or an older adult, please contact:

Kenosha County Aging & Disability Resource Center (ADRC)

8600 Sheridan Road

Kenosha, WI 53143

262-605-6646 or 1-800-472-8008

Web address: www.adrc.kenoshacounty.org

E-mail: adrc@kenoshacounty.org

Facebook: www.facebook.com/kenoshacountyadrc

. ** Please note, ***ES*** next to names in this booklet, show they offer services in Spanish, based on staff availability. Please call ahead for any translation needs



In Memory of Jeffrey LaDow:

Jeffrey LaDow of Hales Corners uses his mouth to hold a paintbrush while he paints at Fun 'n Fit, 2012. LaDow, who was paralyzed in a diving accident in 1975, later learned the mouth-painting technique. He passed away on May 26, 2014 at the age of 57. Jeff participated in Fun 'n Fit for 6 years and inspired many. We remember him fondly.

ARTS, ENTERTAINMENT and EDUCATION

Adventures in Lifelong Learning-UW Parkside

262-595-2793

900 Wood Road, Talent Hall, Rm 115
Kenosha, WI 53141

www.uwp.edu/connect/friends/all.cfm

Offers continuing education for seniors, through lectures, focus group meetings, classes, day trips and presentations. Call for membership details.

GameAble

262-925-6099

plorenz@society'sassets.org

A regularly scheduled gathering that combines peer support and recreation for youth (age 14-25), with any disability.

Gateway Radio Reading Service

262-564-3744

3520 30th Avenue

Kenosha, WI 53144 www.wgtd.org/program/reading-service/gateway-radio-reading-service

Volunteers read articles on air, from the Kenosha News, Racine Journal Times and other publications along with poetry, short stories, tales of the past and other light-hearted tidbits. For Kenosha and Racine area residents who are not able to read for themselves due to a visual or mobility disability. A special receiver is needed and is available at no cost. Available streaming live online. Call for details.

Just Add Kids-Next Steps Theatre

414-267-2929

325 W. Walnut Street
Milwaukee, WI 53212

www.justaddkidsonline.net

Classes teaching life skills through stage skills. Helping each student take his or her next steps as an artist and a person.

K*Stars

Inclusive Choir for Young Adults with disabilities.

847-702-2656

mary.rhodes@gmail.com

MFPA – Mouth and Foot Painting Artists

2070 Peachtree Court, Suite 101
Atlanta, GA 30341

1-877-637-2872

www.mfpausa.com

The Mouth and Foot Painting Artists (MFPA) is always looking for new artists, whether they are already painting to a high standard, or seeking to develop their artistic skills. However, potential candidates must be; unable to use their hands when they paint due to a disability. All qualified applications are reviewed by the organization to determine the artist's capability, which governs the level of financial support deemed necessary to develop the artist.

Milwaukee Repertory Theater**414-224-9490**

www.milwaukeeep.com/

Offers access performances to accommodate patrons who are visually impaired, hearing impaired.

Newsline (NFB)

200 Cast Wells Street
Baltimore, MD 21230

1-866-504-7300

www.nfb.org

Provides access to newspapers for persons with vision impairment. This free service is available through a touch-tone phone by dialing a toll-free number. The Milwaukee Journal Sentinel and the Wisconsin State Journal are available, as well as many national newspapers. *Offers series of webinars regarding cooking, etc.

Wisconsin Talking Book and Braille Library**414-286-3045**

www.dpi.wi.gov/talkingbooks

Provides reading material, equipment and accessories, reference services, publications, Braille music, Audio-Described Movies and newsletter for those Wisconsin residents who for any physical reason cannot read normal print.

Libraries

Kenosha Public Library System ES

262-564-6100

Southwest Library

www.mykpl.info

7979 38th Avenue, Kenosha

The Southwest Library is the largest Kenosha Public Library Building, housing the central reference collection, unique children's and teen resources and largest circulating collection. Adaptive materials for the Blind/ Low Vision:

- Large Print Books
- Pocket Talker Pro
- High contrast keyboard
- JAWS/MAGic software
- Shopping cart/walker
- Homebound service

Northside Library ES

1500 27th Avenue, Kenosha

The Northside Library has the largest collection of materials for individuals who are Blind, Low Vision or has a physical disability. This site also acts as a liaison to the Wisconsin Regional Library for the Blind and Physically Handicapped. The Bookmobile is a library on wheels, to allow greater access to the library system and materials.

Special Needs Adaptive Equipment:

- Magnifier
- High contrast keyboard
- JAWS/MAGic Software
- Talking Typing Teacher software
- Pocket Talker Pro
- Walker/Shopping Cart
- Homebound services available through the Book Mobile Office, 262-564-6190

Simmons Library ES

711 59th Place, Kenosha

The Simmons Library includes large print books for adults. The entrance door has the ADA 3-5 pound closer. *The building is not accessible to persons with significant mobility impairments.

Uptown Library ES

2419 63rd Street, Kenosha

The Uptown Library includes large print books for adults. The entrance door has the ADA 3-5 pound closer. There is a wheelchair accessible restroom and drinking fountain.

Movie Theatres

The theatres listed offer captioning for individuals who are deaf or hard hearing and/or descriptive video for individuals who are blind or low vision.

AMC Mayfair

www.amctheatres.com

Mayfair Mall
2500 N Mayfair Road, Wauwatosa
414-777-0467 (Guest Services)

Cinemark-Tinseltown

www.cinemark.com

7101 70th Court
Kenosha, WI
262-942-8537

Sensory Friendly Films

AMC Entertainment (AMC) and the Autism Society have teamed up to bring families affected by autism and other disabilities, a special opportunity to enjoy their favorite films in a safe and accepting environment on a monthly basis. The movie auditoriums will have their lights brought up and the sound turned down, families will be able to bring in their own gluten-free, casein-free snacks, and no previews or advertisements will be shown before the movie. Additionally, audience members are welcome to get up and dance, walk, shout or sing.

Marcus Theatres

www.marcustheatres.com

Offers open captioning during weekend showings of select first run films at special theatres.

Gurnee Cinemas

847-855-9945

6144 Grand Avenue
Gurnee, IL 60031

The Renaissance Cinema

262-884-9253

10411 Washington Avenue
Sturtevant, WI 53177

Museums

Betty Brinn Children's Museum

929 East Wisconsin Avenue
Milwaukee, WI 53202

414-390-5437

www.bbcmkids.org

The Museum provides interactive exhibits and educational resources that promote the healthy development of children in their formative years—from birth through age ten. The Museum experience encourages hands-on learning and the development of fundamental skills, self-esteem, and the ability to work with others.

Dinosaur Discovery Museum**262-653-4450**5608 10th Streetwww.kenosha.org/wp-dinosaur

Kenosha, WI 53140

The Dinosaur Discovery Museum is the only museum to exclusively focus on the link between birds and meat-eating dinosaurs, one of the most complete known fossil records. The Carthage Institute of Paleontology is housed in the museum, and it is dedicated to the preparation and conservation of real dinosaur fossils.

Accessibility:

The Museum is wheelchair accessible. Service animals are welcome. The museum has one wheelchair that may be checked out. Stop at the front desk for more information

Kenosha Civil War Museum**262-653-4141**5500 1st Avenuewww.kenosha.org/wp-civilwar/

Kenosha, WI 53140

The Civil War Museum explores the war as seen and experienced on the home front and the battle front. The permanent exhibit gallery tells the stories of those whose lives were changed by the Civil War and how those people shaped the course of American history. This gallery showcases significant Civil War artifacts important to the regional and national Civil War story using life-scale, interactive exhibits, and audio and video technology.

Accessibility:

The Museum is wheelchair accessible. Service animals are welcome. The museum has one wheelchair that may be checked out. Stop at the front desk for more information.

Kenosha Public Museum**262-653-4140**5400 1st Avenuewww.kenosha.org/wp-museum

Kenosha, WI 53140

The Kenosha Public Museum includes world cultures, Native Americans, zoology, geology, fossils, and fine and decorative arts. The Kenosha Public Museum offers a wide variety of classes and workshops for all ages.

Accessibility:

The Museum is wheelchair accessible. Service animals are welcome. The museum has one wheelchair that maybe checked out. Stop at the front desk for more information.

Milwaukee Public Museum**414-278-2728 or 1-888-700-9069**800 West Wells Street
Milwaukee, WI 53233www.mpm.edu

A museum of human and natural history providing a dynamic and stimulating environment for learning with something to excite and challenge visitors with a diversity of interests. The museum also has an IMAX /Planetarium.

Accessibility:

All exhibits and facilities are wheelchair accessible.

Racine Art Museum**262-638-8300**441 Main Street
Racine, WI 53403www.ramart.org

The Racine Art Museum (RAM), is a contemporary craft museum, with more than 4,000 objects in their permanent collection. RAM also offers arts education through Wustum Museum, where it offers community outreach programs, studio art classes and workshops taught by regionally and nationally known artists working in craft media.

Accessibility:

The museum was designed to be completely accessible to visitors with special needs, from its entrance doors to its restrooms and elevators.

Zoos**Milwaukee Zoo****414-771-3040**1001 West Blue Mound Road
Milwaukee, WI 53226www.milwaukeezoo.org

The zoo is home to more than 1,800 mammals, birds, fish, amphibians and reptiles with more than 350 species represented. The zoo offers workshops, holiday celebrations, summer concerts and food festivals.

Accessibility:

All of the buildings are handicap accessible and adheres to the American with Disabilities Act.

Racine Zoological Gardens**262-636-9189**2131 N. Main Street
Racine, WI 53402www.racinezoo.org

The Racine Zoological Gardens are located on the sandy shores of Lake Michigan on the north side of downtown. Here you will find giraffes, rhinos, lions, tigers, bears, orangutans, kangaroos, and more living in exhibit spaces designed to imitate natural surroundings.

EXERCISE AND RECREATION PROGRAMS

Boys and Girls Club of Kenosha

1330 52nd Street
Kenosha, WI 53140

262-654-6200

www.bgckenosha.org

Offers an annual membership for adults who wish to use the facility. Membership is good for one year, and allows entry into the facility for walking and participation in adult athletic programs.

Braun's Karate & Martial Arts

Chris Braun, Sensei
Location of BKMA HQ (The Jinteki Do Dojo)
St. John's Lutheran Church
3833 8th Avenue
Kenosha, WI 53140

262-412-5942

www.bkmartialarts.org

Braun's Karate and Martial Arts Academy (BKMA) is a martial arts club that has taught discipline and respect through the martial arts since 1996 in the Kenosha area. Braun's Karate and Martial Arts was founded with the idea of not charging students to study the martial arts. Students learn a wide range of styles including karate, aikido, capoeira and more, giving the student a balanced training. Braun's teaches adults and children of all abilities.

Bridges Community Center

5718 7th Avenue
Kenosha, WI 53140

262-657-5252

Drop-in center for individuals to have a safe place to gather with other adults facing mental health and wellness issues. Offers peer support, empowerment, self-directed recovery, and recreational activities.

Guttormsen Recreation Center

5411 Green Bay Road
Kenosha, WI 53144

262-658-8191

www.grcbowling.com

Wheelchair accessible bowling. Ball stands are available.

Kenosha YMCA- Callahan Family Branch

7101 53rd Street
Kenosha, WI 53144

262-654-9622

www.kenoshaymca.org

A fitness and recreation center, featuring rock climbing, swimming, etc. Sponsors the Miracle League Program for baseball and wheelchair soccer. In partnership with Easter Seals, provides inclusive recreation programs for children and teens during after-school, Saturdays, summer programs.

Adult Day services Program

414-963-5944

Provide day programs, Monday-Friday, 7:30 a.m. - 2:00 p.m. for ages 18 and over with special needs.

Parkinson's Wellness Recovery Program

262-654-9622, ext. 235

Exercise program for people with Parkinson's disease, call for dates/times.

Mindful Yoga

262-859-2151

6127 Green Bay Road, Suite 150
Kenosha, WI 53142

www.yogainmind.com

Adaptive yoga for individuals with Multiple Sclerosis or a physical disability.

National Center on Physical Activity and Disability (NCPAD)

1-800-900-8086

4000 Ridgeway Drive
Birmingham, AL 35209

www.ncpad.org

Provides information and resources that can enable people with disabilities to become as physically active as they choose to be.

Parkinson's Wellness Level One-Froedtert South

262-551-4700

Froedtert South-Somers Medical Office
3400 Market Lane
Somers, WI 53144

Offers classes designed to improve balance and walking, and slow the progression of Parkinson's disease.

Racine's Recreational Activities for the Developmentally Disabled (RADD)

262-633-0291

www.radd-cpa.org

Recreational and respite programming for individuals age 5 and up, to help clients function as independently as possible, while working on key social, daily living and vocational skills. Offers two youth camps and two adult programs and one transition camp. Call for full details.

RecPlex

9900 Terwall Terrace
Pleasant Prairie, WI 53158

262-947-0437www.recplexonline.com

A fitness and recreation center. Therapeutic recreation activities offered include a variety of classes for youth and adults with special needs. After-school care and summer camp for special needs individuals (youth and adult options) is also available.

Respite care is available every Saturday (unless a holiday) with transportation available the 1st and 3rd Saturday of the month for an additional cost.

Classes include adaptive swimming lessons, adapted yoga, adaptive Zumba and more lifelong leisure options. Please contact TR@plprairie.com

SwimTastic Swim School-Special Needs Swim program**262-201-0500**

6940 Green Bay Road
Kenosha, WI

Offers a unique program to meet the needs of a special swimmer. Warm water pools, individual pools, customize the experience to best match your goals, facility has two ADA bathroom/changing rooms, ADA lifts.

TaiChi at BCCUU (Bradford Unitarian Church)**262-496-0258**

The Taichi fundamentals are designed for older people or people with some weakness, practicing a form that does not include the most difficult stances and turns.

Tender Touch Therapy, LLC.**262-653-0850**

5219 88th Avenue
Kenosha, WI 53144

www.tendertouchtherapyllc.com

Provides occupational, physical, and speech therapy services to children and their families in a unique pediatric setting. Serve clients in two community based facilities located in Racine and Kenosha Counties. Both clinics offer our clients state-of-the-art pediatric and neurologically based equipment, sensory motor gyms and aquatic therapy.

OUTDOOR RECREATION

Adaptive Adventures

9053 Harlan Street, Suite 34
Westminster, CO 80031

303-679-2770

www.adaptiveadventures.org

Adaptive sport and recreational activities to meet the needs of participants of all ages with disabilities. Certified staff can help identify a variety of activities appropriate for participants according to their level of physical and cognitive function.

Adaptive Sportsmen

8727 West Coldspring Rd
Greenfield, WI 53228

414-916-2298

or **414-333-4745**

www.adaptivesportsman.org

Outdoor recreational opportunities for physically challenged people in Wisconsin. Activities include deer hunting, archery, ATV rides, fishing, boating and more.

Adaptive Water Skiing

Wisconsin Water Ski Federation

262-720-7031

www.waterski.org

Use of sit skis and other adaptive equipment. Several groups participate and offer these unique water sports, contact for full details.

BOLD - Blind Outdoor Leisure Development Southeastern Wisconsin

262-224-5517

www.wisconsinbold.com

BOLD allows blind and visually impaired persons to experience outdoor sports and leisure activities while developing their social and athletic skills. Free to all legally blind individuals.

BOW

Becoming an Outdoors Woman
800 Reserve Street
Stevens Point, WI 54481

1-877-269-6626

715-346-4681

www.uwsp.edu/cnr/bow

Offers weekend workshops to introduce women to a variety of outdoor activities. Also offers pheasant, turkey, or deer hunts, fly-fishing, canoe trips and more. Part of the mission of BOW is to include women of all ages and abilities.

Challenge the Outdoors

901 Anderson Drive
Green Bay, WI 54304

920-593-6300

www.ctoforme.org

Outdoor events for sportsmen with disabilities. Events include fishing, ice fishing, hunting, and sport shooting.

Diver Dan's Scuba & Aquatic Center

3927 30th Avenue
Kenosha, WI 53144

262-652-9399
www.diverdan.com

Provides instruction and practice for accessible SCUBA diving experience. Offers also, water exercise classes in 90° warm water pool. Call for details and schedule.

Diveheart

5100 Main Street
Downers Grove, IL 60515

630-964-1983
www.diveheart.org

Build confidence, independence and self-esteem in children, adults and veterans of all abilities through scuba diving, scuba therapy and related activities. Utilizing certified adaptive dive buddies, Diveheart provides safe and inclusive activities for adaptive divers to enjoy the wonders of the aquatic world.

Dream Playground Project A fully accessible and inclusive playground located in Petzke Park (31st Street & 14th Avenue). - See more at: www.thekac.com/playground

Accessible fishing piers are located in Kenosha County:

Kenosha Harbor-Navy Memorial Pier
52nd Street and 6th Avenue
Kenosha, WI

South Port Marina
21 56th Street, Kenosha, WI

Anderson Park Pond
8730 22nd Avenue, Kenosha, WI

Paddock Lake
248th Avenue and 73rd Street, Paddock Lake, WI

Fishing Has No Boundaries-Milwaukee Chapter ES

414-687-9621
Fhnbgreatlakesmke.com

An educational, volunteer organization whose purpose is to open the world of fishing to persons with all levels of physical abilities.

Lynzay Legois Free Waterskiing Club

Free waterski and adaptive waterskiing classes.

262-497-8977
www.lynzay.org/

Midwest Therapeutic Riding Program

1451 172nd Ave.
Union Grove, WI 53182

262-859-2240
www.mtrpinc.org

Equine-assisted therapeutic riding for individuals age 2 ½-18yrs., with disabilities.

Open the Outdoors**608-267-7490**www.dnr.wi.gov/topic/openoutdoors/

Open the Outdoors is the portion of the DNR website devoted to connecting people with disabilities to accessible outdoor recreation around Wisconsin. From accessible cabins and campsites to trails and beaches, to kayaks and cross-country skis to hunting and fishing, information is available about a number of activities all year long.

Project Mobility**630-762-9807**

2930 Campton Hills Rd
St Charles, IL 60175

www.projectmobility.org

Recreational events using specialized bicycles for people with disabilities. Offers clinics, camps, and outings.

Possibility Playground**262-377-2853**

Upper Lake Park
Port Washington, WI

possibilityplayground.org/

A playground built for all children of all abilities.

Rock Creek Disabled Outdoor, Inc.**715-937-5109**

W9210 Rock Creek Rd
Willard, WI 54493

www.sunsetpinesresort.com/

Annual gun/deer hunt each fall. There is a specialized deer hunt for hunters with disabilities.

SC Johnson Community Aquatic Center**262-347-4997**

2800 Ohio Street
Racine, WI.

Open summer months only, two accessible pools, one has a ramp and the other is zero depth. A pool lift chair is also available. Call for hours and rates.

Ski for Light, Inc.**612-827-3232**

1455 West Lake St
Minneapolis, MN 55408

www.sfl.org

A program of cross-country skiing for individuals who are blind, low vision, or mobility impairment and their guides.

SMILES - Special Methods In Learning Equine Skills**262-882-3470**

N2666 County Rd K
Darien, WI 53114

Offers therapeutic and recreational horsemanship lessons to children and adults with disabilities.

Southeastern Wisconsin Adaptive Ski Program (SEWASP)

Alpine Valley Resort
W2501 County Road D
Elkhorn, WI 53121

Adaptive alpine skiing instruction.

414-533-7234

www.sewasp.org

Willow Creek Ranch

7404 Northwest Highway
Mukwonago, WI 53149

Therapeutic riding program for children and adults with a variety of disabilities and conditions.

262-806-4080

www.willowcreekranch.org

GROUP SPORTS



GLASA

Great Lakes Adaptive Sports Assoc.
27864 Irma Lee Circle
Lake Forest, IL 60045

847-283-0908

www.glasa.org

Offers a variety of recreational and competitive sports for adults and children with physical and/or visual impairments at various locations in southeast Wisconsin and northern Illinois.

Super Stars

Racine Area Soccer Association
9509 Dunkelow Rd
Franksville, WI 53126

262-254-3225

www.racinesoccer.com/

Brings the opportunity of learning and playing soccer to anyone with a developmental or physical disability. All ages, level of ability, siblings and friends are welcome.

UW Whitewater, Wheelchair Basketball Program

A wheelchair basketball team for ages 8 and up. Siblings are welcome to play when extra wheelchairs are available.

262-472-3169

Wisconsin Adaptive Sports Association

10700 W. Research Drive, #100
Milwaukee, WI 53226

262-385-5738

www.wisconsinadaptivesports.org/

Offers a wide variety of group sport opportunities such as wheelchair basketball, rugby, tennis, Lacrosse, softball; sled hockey, hand-cycling, OPEN Gym with future opportunities being planned.

Wisconsin Senior Olympics

7700 W. Bluemound Road
Wauwatosa, WI 53213

414-755-1025

www.wiseniorolympics.com

Wisconsin Shores Little League

262-551-7555

Forest Park
4216 25th Street
Kenosha, WI 53144

www.eteamz.active.com/wsl

A Challenger Division of Little League Baseball for children with disabilities.

Special Olympics of WI-Southeastern Region

262-518-2316

Southeastern Region
375 Bishop Way #201
Brookfield, WI 53005

www.specialolympicswisconsin.org

A statewide organization providing persons with cognitive disabilities year-round sports training and competition.

TRAVEL

Accessible State Cabins

For more information contact the park directly or you can call the Wisconsin State Parks at (608) 266-2181.

www.dnr.wi.gov/topic/parks/camping/cabin.html

Buckhorn State Park

608-565-2789

W8450 Buckhorn Park Ave
Necedah, WI 54646

Harrington Beach State Park

262-285-3015

531 County Road D
Belgium, WI 53004

High Cliff State Park

920-989-1106

N7630 State Park Rd
Sherwood, WI 54169

Kettle Moraine State Forest

262-594-6200

S91 W39091 Hwy 59
Eagle, WI 53119

Kohler-Andre State Park

920-451-4080

1020 Beach Park Lane
Sheboygan, WI 53081

Mirror Lake State Park 608-254-2333
10320 Ferndell Rd
Baraboo, WI 53913

Potawatomi State Park 920-746-2890
3740 Park Drive
Sturgeon Bay, WI 53913

Richard Bong State Recreation Area 262-878-5600
26313 Burlington Road
Kansasville, WI 53139

Bed and Breakfasts

Feathered Star 1-877-743-4066
6202 Hwy 42 www.featheredstar.com
Egg Harbor, WI 54209

Rooms have been designed to reduce barriers and meet the needs of individuals with disabilities.

Welcome, HOME Bed and Breakfast 262-675-2525
4260 W Hawthorne Drive www.welcomehouseof.org
West Bend, WI 53090

Lodges and Resorts

Pine Forest Lodge 715-476-2241
2060 West Pine Forest Rd www.pineforestlodge.com
Mercer, WI 54547

Pine Forest Lodge has year-round wheelchair accessible cabins and recreational activities. Activities including fishing, pontoon boating, sea kayaking and games are available. Wheelchair sports: basketball, volleyball, badminton, and shuffleboard can be played on their outdoor sport court. Some cabins are available for a reduced rental fee; call for availability.

Seth Petersen Cottage 608-254-6551
Lake Delton, WI 53940 www.sethpetersen.org

Sunrise Lodge

5894 West Shore
Land O'Lakes, WI 54540

1-800-221-9689**715-547-3684**www.sunriselodge.com

Four season family resort. Most units are handicap accessible with one unit being completely barrier free.

Sunset Pines Resort

W9210 Rock Creek Rd
Willard, WI 54493

715-937-5109www.sunsetpinesresort.com

Fully accessible year-round resort and cabins. Lodging Assistance Scholarship Program available.

Tours and Trips**Able Trek Tours**

PO Box 384
Reedsburg, WI 53959

1- 800-205-6713www.abletrektours.com

Fully staffed one-day and multi-day vacations for individuals who require assistance traveling. Most travelers are people with mild to moderate developmental disabilities.

Abilities Travel Club

2120 N. 83rd Street
Wauwatosa, WI 53213

414-759-2580

Provides trips and outings to enhance independent living skills while traveling.

Another Choice

313 Bissen Place
LaCrosse, WI 54603

1-608-219-1303

Supervised vacations for adults with disabilities.

Guided Tour, Inc

7900 Old York Road, Suite 114B
Elkins Park, PA 19027

1-800-783-5841www.guidedtours.com

Supervised vacations for adults with developmental disabilities.

Trips Inc

PO Box 10885

Eugene, Oregon 97440

1-800-686-1013www.tripsinc.com

Provides all-inclusive vacation packages for adults of various abilities in a safe, respectful and fun atmosphere. Trips are designed for people with developmental disabilities and special needs who require assistance.

Wilderness Inquiry808 14th Ave SE

Minneapolis, MN 55414

1-800-728-0719**612-676-9400**www.wildernessinquiry.org

Focuses on getting people from all walks of life to personally experience the natural world. Trips are usually integrated to include older people, younger people, people with disabilities, veterans and individuals from different backgrounds. Over 100 trips are planned with at least 50 in the Wisconsin, Minnesota, Michigan and Canada area.

Camps**Camp AweSum**

1410 Birchwood Drive

St. Germain, WI 54558

715-479-4342www.campawesum.org

Residential summer camp that provides a safe and secure environment for youth with Autism ages 8-12. Camp is located on Moon Beach Camp, St. Germain, WI

Camp Red Leaf

26710 W Nippersink Rd

Ingleside, IL 60041

847-740-5010www.nageelamidwest.org

Summer resident camp for youth and adults with developmental disabilities. Program strives to increase self-esteem, improve social skill, and encourage independence in a natural environment.

Camp Trek**847-283-0908**www.glasa.org

A partnership between Adaptive Adventures and Great Lakes Adaptive Sports Association, Camp Trek is a week long summer camp for children with physical disabilities. A wide range of indoor and outdoor sports including basketball, cycling, hand-cycling, kayaking, hockey, bocce, softball, tennis, aerobics, and arts & crafts are offered. Activities take place at Independence Grove and Oak Grove Middle School in Libertyville, IL.

Camp Wawbeek

Easter Seals Wisconsin
101 Nob Hill Rd Suite 301
Madison, WI 53713

608-254-8319**608-277-8288**www.eastersealswisconsin.com

Camp Wawbeek in Wisconsin Dells provides camping experiences for children and adults age 7 and up with physical disabilities, cognitive delay and other disabilities. There is boating, fishing, hiking, swimming, basketball, painting, obstacle courses or try flying through the air on a zip line. There are plenty of activities and everything is wheelchair accessible. Special sessions are available for siblings, age groups, and for children with Asperger's or high functioning Autism.

Wisconsin Elks and Easter Seals Respite Camp**608-277-8288**

A respite camp located in Camp Wawbeek gives parents and caregivers time away from the stresses of caring for a loved one (ages 3 and up) with disabilities.

Easter Seals Southeast Wisconsin**414-449-4444**WIL-O-WAY Summer Respite Camp

Wil-O-Way Grant Rec Center or Wil-O-Way Underwood Rec Center
207 Lake Drive 10602 Underwood Parkway
South Milwaukee, WI 53172 Wauwatosa, WI 53226

Summer respite camp located in Milwaukee County for people ages 7 to 21 years old with a disability.

Bike Camp**414-988-1260**

ASSEW-Autism Society of Southeastern WI
3720 N. 124th Street, Suite O
Wauwatosa, WI 53222

www.asew.org

Autism Society of Southeastern Wisconsin collaborates with the Down Syndrome Association of Wisconsin to host 2 weeks of bike camps for individuals with disabilities.

Phantom Lake Camp (YMCA)**262-363-4386**

S110 W30240 YMCA Camp Road
Mukwonago, WI 53149

www.phantomlakeymca.com

Integrated camp for ages 3-13 and overnight camp for ages 8-15.

Wisconsin Lions Camp

3834 County Road A

Rosholt, WI 54473

Quality camping experiences free-of-charge to Wisconsin residents with disabilities.

715-677-4969www.wisconsinlionscamp.com**Wisconsin Badger Camp**

PO BOX 723

Platteville, WI 53818

In Prairie du Chien for developmentally and multiple disabled individuals aged 3-93. Everyone is accepted regardless of severity of disability. Also offers trips and primitive camping for individuals who want more outdoor adventure.

608-348-9689www.badgercamp.org

ADAPTIVE SERVICES AND EQUIPMENT

Canine Companions for Independence

7480 New Albany-Condit Road

New Albany, OH 43054

1-800-572-2275www.canine.org**Creative Mobility**

2930 Campton Hills Road

St. Charles, IL 60175

Offers adaptive equipment, adaptive Bikes, hand powered bikes and wheelchairs.

1-800-711-BIKE (2453)www.thebikerack.com**Custom Canines Service Dog Academy**

PO Box 105

Sun Prairie, WI 53590

844-888-8850www.customcanines.org**Dare2tri Paratriathlon Club**

Chicago, Illinois

Dare2tri serves all ability levels of youth, adults and injured service members who have a physical disability-such as amputation, spinal cord injury, stroke, spina bifida, etc.- in the sport of Para -triathlon. Dare2tri provides services in para- triathlon clinics, practices and camps, and provides adaptive equipment at each event, if needed.

312-967-9874www.dare2tri.org**DUET Bikes-Biking Buddies program**

Independence First, Leadership Specialist

414-226-8112www.independencefirst.org

Leader Dogs for the Blind
1039 S. Rochester Road
Rochester Hills, MI 48307

1-888-777-5332
TTY 248-651-3713
www.leaderdog.org

OccuPaws Guide Dog Association
P.O. Box 45857
Madison, WI 53744

608-772-3787
www.occupaws.org/

Paws with a Cause
4646 South Division
Wayland, MI 49348

616-877-7297
www.pawswithacause.org/

The Standing Company
5848 Dixie Highway
Saginaw, MI 48601

1-800-782-6346
www.standingcompany.com

Customized standing wheelchair manufacturer. Manual (rigid or folding), full-power and half-power wheelchairs available.

WAGS- Wisconsin Academy for Graduate Service Dogs
Madison, WI 53703

608-250-9247
www.wags.net

Raises and trains service dogs to increase the ability of individuals with disabilities to independently execute functional, daily living skill, increase attendance in daily life events, and improve outlook on life, with the aid and support of a highly trained service dog.

Notes: