

# KENOSHA COUNTY COMMUNITY HEALTH IMPROVEMENT PLAN 

## 2017 STATUS REPORT

An Initiative Supported Through the Kenosha County Division of Health

## TABLE OF CONTENTS

## Contents

$\qquad$
Steering Committee
Healthy Lifestyles Committee

$\qquad$
3
Mental Health/AODA Committee ..... 5
Injury Prevention Committee ..... $-7$
Youth Health Committee ..... 9
Environmental Health Committee ..... 11

## HEALTHY PEOPLE KENOSHA COUNTY 2020

HEALTHY PEOPLE KENOSHA COUNTY 2020 STEERING COMMITTEE


# HEALTHY PEOPLE KENOSHA COUNTY 2020 

# Steering Committee 

Co-Chairpersons<br>Jennie Tunkieicz, Kenosha County Executive's Office<br>Rick Dodge, Kenosha County Board of Supervisors

Cindy Altergott, Kenosha YMCA (Healthy Lifestyles Committee Chair)
Mary Coffey, Kenosha Community Health Center
Patricia Demos, Kenosha Unified School District
Pam Halbach, Racine-Kenosha Community Action Agency, WIC Program
John Jansen, Kenosha County Human Services
LaVerne Jaros, Kenosha County Division of Aging and Disability Services (Mental Health/AODA Committee Chair)

Cynthia Johnson, Kenosha County Division of Health
Doug Koch, Aurora Medical Center-Kenosha
Joe Kucak, Citizen Member
Tara Panasewicz, United Way of Kenosha County
Gwen Perry-Brye, Kenosha County Division of Health (Kenosha Lifecourse Initiative for Health Families Chair)
Ron Rogers, Kenosha County Division of Children \& Family Services (Youth Health Committee Chair)

Debbie Rueber, Kenosha County Division of Health (Prevent Suicide Kenosha County Chair)

Patricia Shumaker, Kenosha County Division of Health (Kenosha/Racine Asthma Coalition Chair)

Jacqueline Sieracki, KRW Tri-County Tobacco Free Coalition (Chair)
Nina Taylor, Kenosha County Division of Workforce Development
Stacey Wians, Kenosha County Division of Health (Healthy People Kenosha County Coordinator)

## HEALTHY PEOPLE KENOSHA COUNTY 2020

## Healthy Lifestyles Committee

HEALHIEST WISCONSIN 2020 FOCUS AREAS

- Adequate, Appropriate, and Safe Food and Nutrition
- Alcohol and Other Drug Use
- Physical Activity
- Tobacco Use and Exposure

| 2020 GOALS | 2020 OBJECTIVES | BASELINE | CURRENT STATUS | DATA <br> SOURCE |
| :---: | :---: | :---: | :---: | :---: |
| Promote the importance of physical activity and proper nutrition. | By 2020, the percent of Kenosha County adults reporting fair or poor health (age-adjusted) will decrease to 10\% | 15\% (2008) | 18\% (2016) | Kenosha <br> County <br> Community <br> Health Survey |
|  | By 2020, the percentage of Kenosha County adults who report engaging in moderate physical activity (5 times/week for 30 min ) will increase to $50 \%$. | 34\% (2008) | 40\% (2016) | Kenosha <br> County <br> Community <br> Health Survey |
|  | By 2020, the percentage of Kenosha County adults who report a being overweight will decrease to $45 \%$. | 64\% (2008) | 68\% (2016) | Kenosha <br> County Community Health Survey |
| Promote the responsible use of alcohol. | By 2020, the percentage of Kenosha County adults who report being a binge drinker will decrease to $15 \%$. | 23\% (2008) | 30\% (2016) | Kenosha <br> County Community Health Survey |
| Decrease the number of adults who report tobacco use. | By 2020, the percent of adults that report being a current smoker (30 days) will decrease to $18 \%$. | 26\% (2008) | 23\% (2016) | Kenosha <br> County <br> Community <br> Health Survey |
|  | By 2020, the percent of adults that report using Ecigarettes will decrease to 5\%. | 9\% (2014) | 2\% (2016) | Kenosha <br> County <br> Community <br> Health Survey |
| Dementia Friendly <br> Community <br> Training | By 2020, Kenosha County Division of Aging and Disability Services will implement dementia friendly training to 50 local businesses and organizations. | $\mathrm{n} / \mathrm{a}$ | (2017) 268 <br> employees from 25 <br> businesses received <br> Dementia Friendly <br> Training. Additionally <br> 209 staff from 49 <br> organizations <br> attended a 4-hour | Local data from <br> Kenosha <br> County Division <br> of Aging and <br> Disability <br> Services |

## HEALTHY PEOPLE KENOSHA COUNTY 2020

|  |  |  | Dementia Crisis <br> Training. |  |
| :--- | :--- | :--- | :--- | :--- |
| Reduce premature <br> deaths in Kenosha <br> County. | By 2020, the years of <br> potential life lost before the <br> age of 75/100,000 <br> population (age adjusted) in <br> Kenosha County will improve <br> to 6,300 years. | 7,100 years <br> $(2005-2007)$ | 6,800 years (2012- <br> $2014)$ | National <br> Center for <br> Health Statistics |
| Improve Kenosha <br> County <br> immunization rate <br> for children 2 years <br> and younger. | By 2020, 80\% of children <br> residing in Kenosha County <br> who turn 24 months of age <br> will complete all required <br> immunizations. | $60 \%(2010)$ | $69 \%(2016)$ | Wisconsin <br> Immunization <br> Registry (WIR) |
| Improve the <br> Kenosha County <br> infant mortality rate <br> among the African <br> American <br> population. | By 2020, the Kenosha County <br> African American infant <br> mortality rate (10 year <br> average) will be 2.0/1,000 <br> live births. | $8.1 / 1,000$ <br> $(2008-2011)$ | $10.0 / 1,000(2013-$ <br> $2015)$ | WISH Database |

## COMMITTEE HIGHLIGHTS:

- Healthy Lifestyles Committee:
- Increased participation in the Corporate Cup Event.
- Participation in the annual Kenosha County Health Fair and Screening Event.
- KRW Tri-County Tobacco Free Coalition:
- Continued to work with landlords to promote smoke-free multi-unit housing. Conducted education on other tobacco products (OTP's) and lobbied for tax parity for OTP's.
- Kenosha County WI WINS - 101 checks with $100 \%$ compliance.
- Multi-Use Trail Committee:
- Developed and distributed the Comprehensive Bike Plan for Kenosha County and coordinated a County Multi-Use Trail Committee.
- Healthy Wisconsin Leadership Institute (HWLI) Food System Project:
- Includes seven counties that are developing a statewide coalition to look at food system issues.
- Ultimately the group would like Wisconsin to develop a statewide charter that would support efforts to address issues ranging from farm to school to food equity.
- Kenosha County is focusing on food security and developing a video for the HWLI.


## HEALTHY PEOPLE KENOSHA COUNTY 2020

## Mental Health/AODA Committee

HEALHIEST WISCONSIN 2020 FOCUS AREA

- Mental Health

| 2020 GOALS | 2020 OBJECTIVES | BASELINE | CURRENT STATUS | DATA SOURCE |
| :---: | :---: | :---: | :---: | :---: |
| Individuals served by Kenosha County's mental health and substance abuse programs will reflect the diversity of the community. | By 2020, the percent of Hispanic individuals represented in Kenosha County's communitybased mental health and substance abuse services will increase to $10 \%$. | 7\% (2010) | $9 \%$ of 2016 contacts to the Mental Health \& Substance Resource Center and $10 \%$ of CSP/CCS participants identified as Hispanic | Kenosha Human Development Services client tracking system |
| Quality of life will be improved for persons with mental illness. | By 2020, psychiatric hospitalization rates will be reduced to 6.3/1,000 population. <br> Note: Assumes a corresponding increase in preventive services. | $\begin{aligned} & \hline 7.6 / 1,000 \\ & (2008) \end{aligned}$ | $\begin{aligned} & 8.5 / 1,000 \\ & (2014) \end{aligned}$ | WI Dept. of Health Services Health Profiles |
|  | By 2020, reduce the percent of Kenosha County residents who report feeling sad, blue or depressed to $6 \%$ of the population. | 7\% (2008) | 6\% (2016) | Kenosha County Community Health Survey |
| Reduce the incidence of binge drinking in Kenosha County. | By 2020, reduce the percent of adults who report being binge drinkers to $18 \%$. | 23\% (2008) | 30\% (2016) | Kenosha County Community Health Survey |


|  <br> Recovery Services for <br> Adults with Mental Illness | $\mathbf{2 0 1 2}$ | $\mathbf{2 0 1 3}$ | $\mathbf{2 0 1 4}$ | $\mathbf{2 0 1 5}$ | $\mathbf{2 0 1 6}$ |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Community Support <br> Program (CSP) Participants | 180 | 168 | 178 | 182 | 192 |
| Comprehensive Community <br> Services (CCS) Participants | 75 | 88 | 90 | 123 | 203 |
| Total | 255 | 256 | 268 | 305 | 395 |

## HEALTHY PEOPLE KENOSHA COUNTY 2020

## COMMITTEE HIGHLIGHTS:

- Mental Health Committee:
- Focusing on increasing mental health providers in Kenosha County.
- Advocacy against Medicaid cuts that would affect persons with mental illness and for relief of the cost to counties that is caused by the exclusion of persons 22-64 years of age from Medicaid coverage in institutes of mental disease.
- Community-based mental health services for children and adults are being significantly expanded through the formation of a Kenosha/Racine consortium for Comprehensive Community Services (CCS). CCS is a strength-based, recovery oriented, Medicaid funded intervention involving case facilitation, peer support, vocational services, counseling, medication management and other services. Enrollments for CCS is increasing.
- The KARE Center will be expanded in a new facility from 11 to 16 beds effective 2018.



## HEALTHY PEOPLE KENOSHA COUNTY 2020

## Injury Prevention Committee

HEALTHIEST WISCONSIN 2020 FOCUS AREA

- Injury and Violence

| 2020 GOALS | 2020 OBJECTIVES | BASELINE | CURRENT <br> STATUS | DATA SOURCE |
| :--- | :--- | :--- | :--- | :--- |
| Reduce access to <br> lethal means. | By 2020, the suicide death rate <br> per 100,000 population in <br> Kenosha County will decrease to <br> $8 / 100,000$ (10 year average). | $15.8 / 100,000$ <br> $(2010)$ | $12.1 / 100,000$ <br> $(2016)$ | WISH <br> Database/Kenosha <br> Medical <br> Examiner's Office |
| Reduce the number <br> of injuries and deaths <br> related to motor <br> vehicle crashes. | By 2020, the Kenosha County <br> motor vehicle crash death rate <br> per 100,000 population will <br> decrease to 5/100,000 (10 year <br> average). | $8.5 / 100,000$ <br> $(2010)$ | $10.9 / 100,000$ <br> $(2016)$ | WI Department of <br> Transportation <br> Statistics |
| Reduce the number <br> injuries and deaths <br> related to falls. | By 2020, the Kenosha County <br> age adjusted death rate due to <br> falls per 100,000 population will <br> decrease to 5/100,000 (10 year <br> average). | $10 / 100,000$ <br> $(2008)$ | $30.8 / 100,000$ <br> $(2015)$ | WISH Database |
| Reduce the number <br> of hospitalizations <br> related to opiate use. | By 2020, the Kenosha County <br> drug-related hospitalization rate <br> per 100,000 population will <br> decrease to 180/100,000. | $253 / 100,000$ <br> $(2010-2011)$ | $271 / 100,000$ <br> $(2013-2014)$ | Wisconsin <br> Epidemiological <br> Profile on Alcohol <br> and Other Drug <br> Use (2016) |

## COMMITTEE HIGHLIGHTS:

- Prevent Suicide Kenosha County:
- Continue to conduct Question, Persuade, and Refer (QPR) trainings.
- Conducting Survivors of Suicide Support group meetings.
- Kenosha County Falls Prevention Coalition:
- CDC fall prevention toolkits were distributed to local hospitals who are developing protocols for falls risk assessment and referral.
- A falls prevention presentation toolkit was developed for coalition members to take to local meetings of older adults.
- One local hospital system has adopted the CDC's STEADI toolkit to reduce risk of falls.
- Members provide fall prevention information at health fairs and to senior groups.
- The number of Stepping On falls prevention classes increased from 3 to 4 a year.
- As $47.5 \%$ of 59 people who had a fall related death in 2016, also had a diagnosis of dementia, falls risk will become part of a 2017-18 dementia safety campaign.


## HEALTHY PEOPLE KENOSHA COUNTY 2020

- A spread on falls prevention appeared in the Kenosha News' insert My Life.





## HEALTHY PEOPLE KENOSHA COUNTY 2020

## Youth Health Committee

HEALTHIEST WISCONSIN 2020 FOCUS AREAS

- Adequate, Appropriate, and Safe Food and Nutrition
- Physical Activity
- Reproductive and Sexual Health

| 2020 GOALS | 2020 OBJECTIVES | BASELINE | $\begin{array}{c}\text { CURRENT } \\ \text { STATUS }\end{array}$ | DATA SOURCE |
| :--- | :--- | :--- | :--- | :--- |
| $\begin{array}{l}\text { Promote physical } \\ \text { activity and healthy } \\ \text { food choices }\end{array}$ | $\begin{array}{l}\text { By 2020, the percent of the } \\ \text { population with adequate access } \\ \text { to locations for physical activity } \\ \text { will increase to 100\%. }\end{array}$ | $94 \%(2010)$ | $93 \%(2014)$ | $\begin{array}{l}\text { National Center } \\ \text { for Chronic } \\ \text { Disease } \\ \text { Prevention }\end{array}$ |
| $\begin{array}{l}\text { Promote a healthy } \\ \text { reproductive system. }\end{array}$ | $\begin{array}{l}\text { By 2020, the Kenosha County } \\ \text { birth rate per 1,000 population } \\ \text { ages 15-19) will decrease to } \\ 30 / 1,000 .\end{array}$ | $\begin{array}{l}44.9 / 1,000 \\ (2008)\end{array}$ | $\begin{array}{l}20.8 / 1,000 \\ (2015)\end{array}$ | WISH Database |
|  | $\begin{array}{l}\text { By 2020, the number of Kenosha } \\ \text { County sexually transmitted } \\ \text { infections (Chlamydia) cases per } \\ \text { 100,000 population will decrease } \\ \text { to 350/100,000. }\end{array}$ | $\begin{array}{l}438 / 100,00 \\ (2010)\end{array}$ | $\begin{array}{l}470 / 100,000 \\ (2015)\end{array}$ | $\begin{array}{l}\text { Wisconsin STD } \\ \text { Program }\end{array}$ |
| $\begin{array}{l}\text { Improve high school } \\ \text { graduation rate. }\end{array}$ | $\begin{array}{l}\text { By 2020, the percent of ninth } \\ \text { grade cohort that graduates in 4 } \\ \text { years will improve to 92\%. }\end{array}$ | $\begin{array}{l}85 \%(2006- \\ 2007)\end{array}$ | $\begin{array}{l}89 \%(2014- \\ 2015)\end{array}$ | $\begin{array}{l}\text { National Center } \\ \text { for Education } \\ \text { Statistics }\end{array}$ |
| $\begin{array}{l}\text { Decrease the number } \\ \text { of children in poverty. }\end{array}$ | $\begin{array}{l}\text { By 2020, the percent of Kenosha } \\ \text { County children under age 18 in } \\ \text { poverty will decrease to 11\%. }\end{array}$ | $14 \%(2008)$ | $19 \%(2015)$ | $\begin{array}{l}\text { U.S. Census, } \\ \text { Small Area }\end{array}$ |
| Income and |  |  |  |  |
| Poverty |  |  |  |  |
| Estimates |  |  |  |  |$]$|  |
| :--- |

## COMMITTEE HIGHLIGHTS:

- KRW Tri-County Tobacco Free Coalition:
- Continued to work with landlords to promote smoke-free multi-unit housing. Conducted education on other tobacco products (OTP's) and lobbied for tax parity for OTP's.
- Kenosha County WI WINS - 101 checks with $100 \%$ compliance.


## HEALTHY PEOPLE KENOSHA COUNTY 2020




## HEALTHY PEOPLE KENOSHA COUNTY 2020

## Environmental Health Committee

HEALTHIEST WISCONSIN 2020 FOCUS AREA

- Environmental and Occupational Health

| 2020 GOALS | 2020 OBJECTIVES | BASELINE | CURRENT <br> STATUS | DATA SOURCE |
| :--- | :--- | :--- | :--- | :--- |
| Improve air quality. | By 2020, reduce the asthma <br> hospitalization rate in Kenosha <br> County to 10/10,000 population <br> (10 year average). | $15.96 / 10,000$ <br> $(2009)$ | $11.36 / 10,000$ <br> $(2014)$ | WI <br> Environmental <br> Public Health <br> Tracker |
|  | By 2020, reduce the asthma <br> emergency department visit rate <br> in Kenosha County to 35/10,000 <br> population (10 year average). | $68.33 / 10,000$ <br> $(2009)$ | $52.72 / 10,000$ <br> $(2014)$ | WI <br> Environmental <br> Public Health <br> Tracker |

## COMMITTEE HIGHLIGHTS:

- Kenosha/Racine Asthma Coalition:
- Continues to meet every other month.
- Will review the new State Asthma Plan to determine possible opportunities.
- Kenosha County Division of Health
- Received asthma grant from the Centers for Disease Control and Prevention (CDC) to implement the Asthma Care and Environmental Strategies (ACES) Program. Goal is to reduce the number of emergency department visits due to asthma.
- This program works with clients who have asthma that is not well controlled. Staff help clients find a primary care provider, make referrals to an asthma/allergy specialist, assist with getting health care coverage if they do not already have it, and can provide cleaning kits and mattress encasements as a reward for participation.

