

# Build Your Bridge:

## Moving from Child to Adult Health Care

Youth and families are often overwhelmed and under-prepared for the transition to adult health care. Join us for a free presentation and conversation to help guide families through the transition from child centered to adult health care systems. This presentation will introduce, and discuss when to start thinking about the health care transition process as well as provide helpful tools and resources.



**Date:** Thursday, October 26, 2017

**Time:** 6 p.m. to 8 p.m.

**Location:** Kenosha County ADRC

\*A light meal will be served at 5:30 p.m.

**Address:** 8600 Sheridan Road  
Entrance A Room N2  
Kenosha, WI 53143

As a result of participating in this presentation we hope you will:

- Understand what youth health care transition is and why it is important.
- Identify activities in daily life where transition occurs.
- Apply tools and resources to take an active role in the health care transition process.
- Start a health transition action plan.

**Register with Kenosha County ADRC by calling (262) 605-6646 or (800) 472-8008.**