



PSN Family Resource Center EWSLETTER

What's Inside:

Diaper Distribution

Triple P Seminar

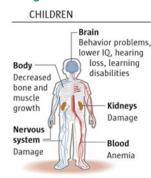
Celebrate Juneteenth with Your Kids

Daddy Time!

Keeping Your Child Safe from Lead Hazards

With warmer weather on the way and windows and doors opening again after a long winter shut, below is a message from the Kenosha/Racine Lead-Free Communities Partnership on how to keep your children and families safe from the hazards of lead poisoning.

An amount of lead dust as small as a half a grain of salt can cause serious harm to your family, friction created from opening and closing windows and doors can generate lead dust, this lead dust then contaminates other areas of your home, an estimated thirty million US homes are at risk today. Could your home be one of them? If it was built before 1978, it could, lead dust can cause learning disabilities, attention deficit disorder, language and behavior problems, nervous system damage and decreased muscle and bone growth, an amount of lead dust as small as a half a grain of salt is all it takes.





Get Your Home Tested Get Your Child Tested Get The Facts

Call the Kenosha/Racine Lead-Free Communities Partnership Today! 262-605-6717

HUD@KenoshaCounty.org



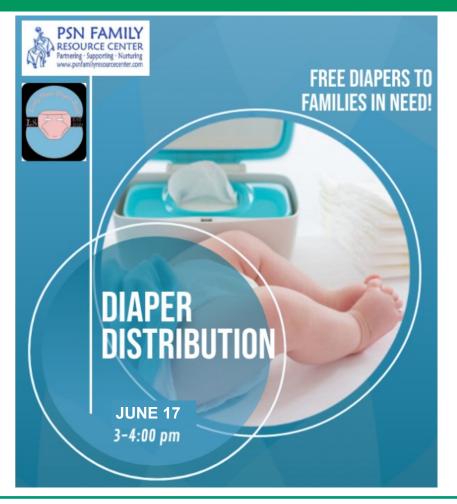
8600 Sheridan Road Entrance B Kenosha, WI 53143 262-697-4651











Come for free diapers and hygiene products.

No registration necessary.

Diapers are first come-first served whiles supplies last.

Sizes newborn, 2, 3, 4, 5, 6 & pull ups.

Kenosha County Job Center 8600 Sheridan Road Entrance B

Contact Alison at 262-605-6545 or alison.haas@kenoshacounty.org for more information.

TRIPLE P—POSITIVE PARENTING PROGRAM

Triple P – Positive Parenting Program knows all parents have different needs. That's why Triple P has many different ways to get your parenting help so you can choose what will best suit you and your family.





Virtual Triple P Seminar All sessions run from 12pm—2pm on Zoom

- June 22—The Power of Positive Parenting
- June 29—Raising Confident, Competent Children

Registration is required: https://zoom.us/meeting/register/tJModOiopzwuGtlCDbq7fmx9IO33KqyRVfKt

or contact Alison at 262-605-6545, alison.haas@kenoshacounty.org to reserve a spot.

Are you a parent or guardian looking for parenting classes or one-on-one parenting support? Triple P has a variety of levels to suit your family's needs. Contact Alison at 262-605-6545 or alison.haas@kenoshacounty.org to find out about upcoming sessions and offerings.

Check out our facebook page for more information: <u>facebook.com/preventionservicesnetwork/</u>

4 Meaningful Ways to Celebrate Juneteenth with Your Kids

Juneteenth is a celebration of the day in 1865 when word of Abraham Lincoln's signing of the Emancipation Proclamation — which had been signed two years prior and freed all enslaved people — made its way to Texas.

A combination of the words "June" and "Nineteenth," Juneteenth was first made an official Texas state holiday in 1979, but since then, people have begun to honor the day (also called Emancipation Day) all around the United States.

Juneteenth is a day for African Americans to honor their culture and history, as well as a day for non-Blacks to learn more about this significant day in our country, including why it took over two years for the news to get to Texas and how freed slaves were treated as a result. Above all, it's a day meant for self-reflection, understanding the truths of the past and the realities of the present.

Here are some ideas for ways to celebrate Juneteenth with your family:

Read and Learn About Juneteenth as a Family

Celebrating this holiday is only meaningful if you understand what's being celebrated. Start off by checking out some of the many books that have been written about this holiday and discuss them as a family! If you can't get your hands on these before June 19, there's a good chance you can listen to readalongs of some of these on YouTube.

Picture Books & Young Readers

- All Different Now: Juneteenth, the First Day of Freedom By Angela Johnson
- Freedom's Gifts By Valerie Wesley
- Juneteenth Jamboree By Carole Boston Weatherford
- Juneteenth for MazieBy Floyd Cooper

Chapter Books / Teens

- Come Juneteenth By Ann Rinaldi
- Juneteenth By Rachel Koestler-Grack
- Juneteenth By Vaunda Micheaux Nelson
- Juneteenth: A Celebration of Freedom By Charles Taylor
- Juneteenth: Freedom Day By Muriel Miller Branch
- Let's Celebrate Emancipation Day & Juneteenth By Barbara deRubertis
- The Story of Juneteenth: An Interactive History Adventure By Steven Otfinoski
- Tiny's Emancipation By Linda Baten Johnson

Create a Juneteenth Feast

Red foods — a symbol of the resilience and ingenuity of enslaved people — are customary on a Juneteenth table. Strawberries, watermelon, red-colored juice, cherry pie, red velvet cake, sausages, hot dogs and barbecue are just some of the red-hued foods you can include in your feast. And don't forget the soul food: fried chicken, collard greens, mac & cheese. Is your mouth watering yet? Let your kids help you make the menu and decorate the table, and then discuss the significance and history behind the meal you're sharing.

Make Juneteenth Decorations

You can honor and learn more about this holiday through decor! Do research into where enslaved Blacks came from and honor those places by making a banner of African flags at home with construction paper. Or make your very own Juneteenth flag.

VIRTUAL Juneteenth Performance: Caroline Quarlls – My Independence Day Presented by the Kenosha County Civil War Museum, Saturday, June 19 1pm—2pm

During this first-person theater performance, meet Caroline Quarlls, an enslaved 16 year old girl who left the slave state of Missouri and began a journey that took her to Milwaukee. There she met a number of people who assisted with her escape to freedom in Canada. The audience will meet Caroline in 1880 after she just received a letter from Mr. Lyman Goodnow, one of the people that helped her travel the Underground Railroad from Wisconsin to Canada in 1842. The powerful performance recounts their harrowing experiences and is based on the responses Caroline wrote to questions in Goodnow's letter. Register online by June 18th. https://84428.blackbaudhosting.com/84428/Juneteenth-Performance-Caroline-Quarlls---My-Independence-Day



PSN Family Resource Center

The mission of the PSN Family
Resource Center is to provide
programs and services that build on
family strengths through prevention,
education, support and networking
in collaboration with other resources
in the community.





Meet Our Staff

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Like us on Facebook or visit our website: www.PSNFamilyResourceCenter.com.

Daddy Time!

Before, during, or after coloring, try these ideas:

- Ask, "What is your favorite way to move your body?"
- Say, "Elmo is playing soccer with his Daddy. What is your favorite thing to do with your dad or another important grown-up?"
- Ask, "What new thing would you like to try with your dad or another important grown-up?

