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PSN Family Resource Center **EWSLETTER**

Reading with Your Child

Read Across American kicks off on March 2nd, 2024. In honor of that celebration we want to point out the importance of reading at all ages. Visit your local public library to check out books and learn about community events.

There is no more important activity for preparing your child to succeed as a reader than reading aloud together. Fill your story times with a variety of books. Be consistent, be patient, and watch the magic work.

It's no secret that activities at home are an important supplement to the classroom, but there's more to it than that. There are things that parents can give children at home that the classrooms cannot give.

Start young and stay with it

At just a few months of age, an infant can look at pictures, listen to your voice, and point to objects on cardboard pages. Guide your child by pointing to the pictures, and say the names of the various objects. By drawing attention to pictures and associating the words with both pictures and the real-world objects, your child will learn the importance of language importance of language.

Children learn to love the sound of language before they even notice the existence of printed words on a page. Reading books aloud to children stimulates their imagination and expands their understanding of the world. It helps them develop language and listening skills and prepares them to understand the written word. When the rhythm and melody of language become a part of a child's life, learning to read will be as natural as learning to walk and talk.

Even after children learn to read by themselves, it's still important for you to read aloud together. By reading stories that are on their interest level, but beyond their reading level, you can stretch young readers' understanding and motivate them to improve their skills.

One More Time

You may go through a period when your child favors one book and wants it read night after night. It is not unusual for children to favor a particular story, and this can be boring for parents. Keep in mind, however, that a favorite story may speak to your child's interests or emotional needs. Be patient. Continue to expose your children to a wealth of books and eventually they will be ready for more stories.

Talking about stories It's often a good idea to talk about a story you are reading, but you need not feel compelled to talk about every story. Good stories will encourage a love for reading, with or without conversation. And sometimes children need time to think about stories they have read. A day or so later, don't be surprised if your child mentions something from a story you've read together. story you've read together.

Remember when you were very young It will help, however, if we open our eyes to some things adult readers tend to take for granted. It's easier to be patient when we remember how much children do not know. Here are a few concepts we adults know so well we forget sometimes we ever learned them.

There's a difference between words and pictures. Point to the print as you read aloud.

- Words on a page have meaning, and that is what we learn to read.
- Words go across the page from left to right. Follow with your finger as you read.
- Words on a page are made up of letters and are separated by a space.
- Each letter has at least two forms: one for capital letters and one for small letters.

Read the full article here.

What's Ins<mark>ide:</mark>

Library Scavenger Hunt

Diaper Distribution

Parenting Program Series

Mindfulness: A Journey Together



8600 Sheridan Road **Entrance B** Kenosha, WI 53143 262-697-4651



HOW MANY OF THESE THINGS CAN YOU FIND DURING A VISIT TO THE LIBRARY?

a book with a Picture of a cat on the cover	NAME OF BOOK
A SCIENCE	NAME OF BOOK

a book about an imaginary animal

FICTION BOOK

A BOOK WITH RECIPES NAME OF BOOK

NAME OF BOOK

A BOOK WITH THE WORD "GROSS" ON THE FRONT

A BOOK ABOUT THE HISTORY OF TRAINS

A FAIRY TALE

NAME OF BOOK

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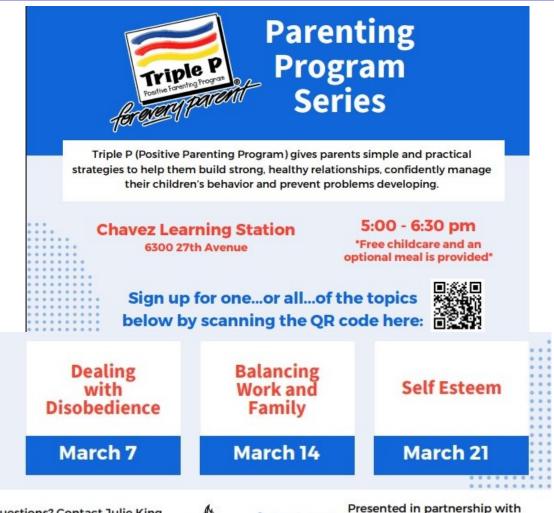


FREE diaper distribution!

No registration necessary. Diapers are first come-first served with limited supplies.

> Sizes newborn, 2, 3, 4, 5, 6 Kenosha County Job Center 8600 Sheridan Road Drive up to <u>Entrance B</u>

Contact Alison at 262-605-6545 or alison.haas@kenoshacounty.org for more information.



PSN FAMILY

ESOURCE CENTER

KUSD Community School Relations Office & Kenosha County PSN Family Resource Center

Questions? Contact Julie King jaking@kusd.edu 262.359.7790

PSN Family Resource Center

The mission of the PSN Family Resource Center is to provide programs and services that build on family strengths through prevention, education, support and networking in collaboration with other resources in the community.

Contact the PSN Family Resource Center at 262-697-4651.





Meet Our Staff

Erin Morey, Director of Operations Erin.Morey@kenoshacounty.org

Liza Schultz, Director of Services Elizabeth.Schultz@kenoshacounty.org

Chelsea Colwill, Parent Education Spec. Chelsea.Colwill@kenoshacounty.org

Zach Gianakos, Service Coordinator zach.gianakos@kenoshacountywi.org

Alison Haas, PPP Coordinator Alison.Haas@kenoshacounty.org

Maria Saenz-Estevez, Service Coord. Maria.Saenz-Estevez@kenoshacounty.org

Jackie Tenuta, Service Coordinator Jaclyn.Tenuta@kenoshacounty.org

Rose Verdiguel, Service Coordinator Rose.Verdiguel@kenoshacounty.org

Julie Perrault, PSG In Home Therapist Julie.Perrault@kenoshacounty.org

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Teach Knowledge and Development Through Shared Learning Moments

Mindfulness: A Journey Together

In our fast-paced world, teaching our children about emotional selfregulation and mindfulness is more important than ever. Let's embrace the quiet moments where a parent and child practice mindfulness together. Consider the variety of pathways for promoting positive, pragmatic, and effective outcomes for everyone can have a positive impact in how we parent and nurture our children.

Mindfulness techniques like deep breathing or meditation can help both children and parents manage stress, enhance focus, and foster emotional balance.

