

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B R E A K F A S T	Fresh Fruit Cup	Chilled Diced Pears	Mixed Melon Salad	Chilled Peaches	Chilled Pineapple	Bananas & Oranges	Chilled Diced Pears
	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
	Western Scramble	Fried Egg	French Toast	Scrambled Eggs	Biscuit & Sawmill	Egg & Ham Bake	Cheesy Scrambled
	Hashbrowns	Wheat Toast	-----	Pancake	Gravy	Hashbrowns	Eggs
	-----	-----	Cream of Wheat	Wheat Toast	-----	-----	-----
Cream of Wheat	Cream of Wheat	Egg Scrambled	-----	Scrambled Eggs	Cream of Wheat	Cream of Wheat	
Bacon Strips	Sausage Links	Breakfast Ham	Cream of Wheat	Cream of Wheat	Egg Scrambled	Strawberry Yogurt	
Wheat Toast			Sausage Links		Wheat Toast	Sausage Links	
						Wheat Toast	
L U N C H	Iceberg Tossed Salad	Iceberg Tossed Salad	Iceberg Tossed Salad	Iceberg Tossed Salad	Iceberg Tossed Salad	Iceberg Tossed Salad	Iceberg Tossed Salad
	Kielbasa Sausage	Chicken Cacciatore	Hot Turkey Sandwich	Roasted Pork Loin	Hamburger Steak	Buttered Wide Egg	Maple Glazed Ham
	Buttered Egg	Angel Hair Pasta	Turkey Gravy	Roasted Sweet	Buttermilk Mashed	Noodles	Scalloped Potatoes
	Noodles	Parmesan Lima Beans	Mashed Potatoes	Potatoes	Potatoes	Fresh Garden Blend	Autumn Roasted
	Sauteed Onions & Peppers	Parmesan Breadstick	Steamed Corn	Wheat Roll	Peas with Fresh Dill	Vegetables	Vegetables
	Chocolate Chip Cookies	Frosted Brownie	Frosted Pumpkin	Chocolate Ice Cream	Wheat Roll	Cheese Biscuit	Wheat Roll
	-----	-----	Cake	-----	Lemon Cake	Oatmeal Raisin	Bread Pudding
	Cheesy Ziti Bake	Mushroom Quiche(ML)	-----	Broiled Lemon Cod	-----	Cookies	-----
	Steamed Fresh Green Beans		Herb Marinated Chicken(OSG)	Roasted Zucchini and Squash	Alfredo Fettuccini	-----	Italian Baked Pollock
			Dinner Roll		Herb Pasta(ML)	Beef Stroganoff	
					Rice White		
					Steamed Fresh Green Beans		
D I N N E R	Saltine Crackers	Saltine Crackers	Saltine Crackers	Garden Vegetable	Saltine Crackers	Saltine Crackers	Saltine Crackers
	Homemade Split Pea	Pasta Fagioli Soup	Lentil & Ham Soup	Soup(OSG)	New England Clam	Cream of Potato	Chicken Noodle
	Soup w/Ham(GF)	Smothered Pork Chop	Egg Salad on	Saltine Crackers	Chowder	Soup	Soup
	Italian Beef Sandwich	Mashed Potatoes	Croissant	Beef Stew	Mustard Crusted	Roast Turkey &	Macaroni &
	Parslied Potatoes	Roasted Root	Tomato Bean Salad	Steamed Baby	Pork Loin	Cranberry Chutney	Cheese(ML)
	Creamy Dilled	Vegetables	Poke Cake	Carrots	Warm German	Maple Sage Sweet	Stewed Tomatoes
	Cucumber Salad	Wheat Roll	-----	Dinner Roll	Potato Salad	Potatoes	Wheat Roll
	Yellow Cake/Choc	Sugar Cookies	Turkey Pot Pie	Deluxe Chocolate	Braised Red Cabbage	Wheat Roll	Applesauce Cake
	Icing	-----		Cake	Banana Pudding	Oven-Roasted	-----
	-----	Sloppy Joe on Bun		-----	-----	Brussels Sprouts	Shredded BBQ Beef
	Tuna Salad	Potato Chips		Cranberry Chicken	Baked Tilapia	Blondie Bar	Sandwich
	Plate/Pita Bread			Sandwich	Italian Green Bean	-----	Creamy Coleslaw
				Confetti Coleslaw	Saute	Ham & Swiss Melt	
					Marinated Vegetable		
					Salad		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B R E A K F A S T	Fresh Fruit Cup	Pineapple & Oranges	Fresh Fruit Cup	Chilled Peaches	Fresh Pineapple	Bananas & Oranges	Fresh Apple Slices
	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
	French Toast	Pancake	Mushroom Herb	Cinnamon French	Ham & Potato	Chocolate Chip	Biscuit & Sawmill
	Bacon Strips	Cheesy Scrambled	Strata(ML)	Toast	Breakfast Casserole	Pancake	Gravy
	-----	Eggs	-----	Sausage Links	-----	Breakfast Ham	-----
	Cream of Wheat	-----	Cream of Wheat	-----	Cream of Wheat	-----	Cream of Wheat
	Scrambled Eggs	Cream of Wheat	Fried Egg	Cream of Wheat	Yogurt &	Cream of Wheat	Spanish Scramble
	O'Brien Potatoes	Sausage Links	Breakfast Ham	Egg Scrambled	Strawberries	Scrambled Eggs	Bacon Strips
Wheat Toast		Wheat Toast		Wheat Toast	Wheat Toast		
L U N C H	Iceberg Tossed Salad	Iceberg Tossed Salad	Iceberg Tossed Salad	Iceberg Tossed Salad	Iceberg Tossed Salad	Iceberg Tossed Salad	Iceberg Tossed Salad
	Beef Meatloaf	Braised Pork Shoulder	Crusted Pollock	Lemon Chicken	Beef Tips in	Penne Pasta with	Baked Ham
	Brown Gravy	Pork Gravy	Herb Buttered Egg	Rice Pilaf	Mushroom Sauce	Meat Sauce	Boiled Potatoes
	Mashed Potatoes	Buttered Red	Noodles	Parmesan Lima	Buttered Wide Egg	Italian Green Bean	Cabbage & Carrots
	Steamed Baby Carrots	Potatoes	Wheat Roll	Beans	Noodles	Saute	Cheddar Chive
	Dinner Roll	Fresh Steamed Broccoli	Lemon Cake	Wheat Roll	California Mix	Wheat Roll	Biscuit
	Deluxe Chocolate Cake	Dinner Roll	-----	Chocolate	Vegetable	-----	Coconut Cake
	-----	Butterscotch Square	Salisbury Steak	-----	Sweet Corn Bread	Italian Roast Turkey	-----
Crab Cakes	-----	Brown Gravy	Pulled Pork	Apple Crisp	Whipped Sweet Potatoes	Beef Pot Roast	
	Turkey a la King over Biscuit	Mashed Potatoes	Sandwich	Tilapia Vera Cruz			
D I N N E R	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers
	Chicken Tortilla Soup	Homemade Cream of	Homemade Chunky	Navy Bean Soup(GF)	Homemade Chicken	Cream of Broccoli	Potato & Leek
	Cheese & Veg	Mushroom Soup	Vegetable Soup(ML)	Roast Beef	& Rice Soup(GF)	Soup	Soup(ML)(GF)
	Quesadilla	Chicken Broccoli	(GF)	Steamed Fresh	Cheese	Italian Hoagie	Grilled American
	Spanish Rice	Alfredo Flatbread	Cheesy Ziti Bake	Green Beans	Enchiladas(ML)	Dill Potato Salad	Cheese Sandwich on
	Mexican Corn	Fresh Steamed	Breadstick	Wheat Roll	Black Beans & Rice	Marinated Vegetable	White
	Raspberry Sorbet	Cauliflower	Summer Herb Grilled	Strawberry Ice	Corn w/Caramelized	Salad	Parmesan Roasted
	-----	Oatmeal Raisin Cookie	Vegetable	Cream	Red Onions	Homemade Brownie	Potato Wedges
Cuban Sandwich	-----	Oreo Blondie Bar	-----	Grasshopper Pudding	-----	Roasted Red Beets	
	Quiche Lorraine	-----	Turkey Ranch Club	-----	Stuffed Bell Pepper	Ambrosia	
	Stewed Tomatoes	Chicken Apple	Wrap	Kielbasa Sausage	Parmesan Breadstick	-----	
		Sandwich(OSG)	Fresh Baked Sweet	Seasoned Cabbage		Rosemary Chicken	
		Broccoli Coleslaw	Potato Fries			Creamy Coleslaw	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B R E A K F A S T	Chilled Diced Pears Oatmeal Egg Scrambled Wheat Toast ----- Cream of Wheat Sausage Links	Fresh Fruit Cup Oatmeal Ham & Potato Breakfast Casserole Wheat Toast ----- Cream of Wheat Cream of Wheat Scrambled Eggs	Banana Half Oatmeal Pancake Egg Scrambled ----- Cream of Wheat Sausage Links Wheat Bread	Chilled Peaches Oatmeal Spinach and Tomato Frittata Sausage Links Wheat Bread ----- Cream of Wheat	Fresh Pineapple Oatmeal Texas French Toast ----- Cream of Wheat Scrambled Eggs Bacon Strips Wheat Toast	Bananas & Oranges Oatmeal Home Fries Western Scramble ----- Cream of Wheat Apple Muffin Breakfast Ham	Fresh Apple Slices Oatmeal Cheese Blintz w/ Berry Compote Wheat Toast ----- Cream of Wheat Egg Scrambled Sausage Links
L U N C H	Iceberg Tossed Salad Breaded Pork Chop Buttered Egg Noodles Summer Succotash Parmesan Breadstick Yellow Cake/Choc Icing ----- Roast Turkey Whipped Sweet Potatoes(OSG)	Iceberg Tossed Salad Lemon Pepper Cod Tartar Sauce Mashed Potatoes Seasoned Green Beans Wheat Roll Lemon Meringue Pie ----- Cheesy Beef Tater Tot Casserole	Ranch Dressing Iceberg Tossed Salad Sweet n Sour Braised Turkey(OSG) Brown Rice(OSG) Cabbage & Bok Choy Corn Muffin Red Velvet Cake ----- Liver & Onions Brown Gravy Seasoned Green Peas	Iceberg Tossed Salad Stuffed Bell Pepper Seasoned Whole Kernel Corn Wheat Roll Lemon Cookies ----- Chicken & Dumplings	Iceberg Tossed Salad Stuffed Manicotti in Marinara Sauce(ML) Roasted Cauliflower Parmesan Breadstick Carrot Cupcake w/Ginger Icing ----- Parmesan Crusted Tilapia	Iceberg Tossed Salad Swedish Meatballs Plain Egg Noodle Peas & Carrots-Seasoned Homemade Lemon Bars ----- Maple Glazed Ham Roasted Sweet Potatoes	Iceberg Tossed Salad Rotisserie Chicken Roasted Zucchini and Squash Wheat Roll Frosted Banana Cake ----- Tuna Noodle Casserole
D I N N E R	Saltine Crackers Homemade Cream of Mushroom Soup Chicago Hot Dog Baked Beans Steamed Brussels Sprouts Molasses Cookies ----- BBQ Chicken	Saltine Crackers Minestrone Soup Hmd(OSG) Honey Apple PorkLoin Rice Pilaf Steamed Baby Carrots Deluxe Chocolate Cake ----- Veggie Gratin Frittata Blueberry Muffin	Saltine Crackers French Onion Soup Beef Burgundy Buttered Egg Noodles California Mix Vegetable Macaroon Bar ----- Chicken Salad on Bun Potato Chips	Saltine Crackers Cream of Broccoli Soup(ML) Spinach Lasagna(ML) Garlic Bread Roasted Vegetables Vanilla Pudding ----- Ham & American Cheese Melt	Saltine Crackers Vegetable Chowder(ML) Corned Beef Sandwich Herbed Potatoes Fresh Steamed Broccoli Pumpkin Spice Bar ----- Sausage & Peppers Sauteed Onions & Peppers	Saltine Crackers Chicken Noodle Soup Turkey & Swiss Melt on Wheat Confetti Coleslaw Snickerdoodle Cookies ----- Chunky Beef Chili	Saltine Crackers Tomato Florentine Soup(OSG) Spaghetti & Meat Sauce Seasoned Green Peas Blueberry Buckle ----- Grilled American Cheese Sandwich on White Cucumber Tomato Salad(OSG)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B R E A K F A S T	Fresh Fruit Cup	Chilled Pears	Fresh Fruit Cup	Chilled Peaches	Mixed Melon Salad	Bananas & Oranges	Fresh Apple Slices
	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
	Pancake	Fried Egg	Home Fries	French Toast	Biscuit & Sawmill	Veggie Cheese	Coffeecake
	Bacon Strips	American Fried	Western Scramble	-----	Gravy	Strata(ML)	Sausage Links
	-----	Potatoes	-----	Cream of Wheat	-----	O'Brien Potatoes	-----
	Cream of Wheat	Wheat Toast	Cream of Wheat	Cheesy Scrambled	Cream of Wheat	-----	Cream of Wheat
	Spanish Scramble	-----	Yogurt with Bananas	Eggs	Egg Scrambled	Cream of Wheat	Egg Scrambled
		Cream of Wheat	Sausage Links	Wheat Toast	Wheat Toast	Breakfast Ham	
		Egg Scrambled	Wheat Toast				
		Sausage Links					
L U N C H	Iceberg Tossed Salad	Iceberg Tossed Salad	Iceberg Tossed Salad	Iceberg Tossed Salad	Iceberg Tossed Salad	Iceberg Tossed Salad	Iceberg Tossed Salad
	Baked Ham	Crispy Sesame Chicken	Shepherd's Pie	Turkey Scaloppini	Crunchy Baked Fish	BBQ Pork Ribs	Roast Beef
	Baked Potato	Rice White	Parmesan Lima Beans	Rice Pilaf	Red Potatoes	Mashed Potatoes	Vegetable Brown Rice
	Cabbage & Carrots	Seasoned Green Peas	Wheat Roll	Green Beans with	w/Garlic	Vegetable	
	Wheat Roll	Pudding-Cookie	Pudding-Cookie	Citrus Butter	Roasted Butternut	Baked BBQ Beans	Roasted Red Beets
	Cinnamon Streusel	Parfait	Parfait	Boston Cream Pie	Squash	Homemade Corn	Peach Cobbler Cake
	-----	-----	-----	-----	Wheat Roll	Muffin	-----
Lemon Pepper Baked Pollock	Beef Meatloaf	Macaroni & Cheese(ML)	Cheese Ravioli w/Marinara	Chocolate	Strawberry Gelatin	Sausage w/Rigatoni	
	Mashed Potatoes			ChunkCookies	-----	Steamed Baby Carrots	
				-----	Hearty Chicken Stew	Garlic Bread	
				Chicken Piccata			
D I N N E R	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Homemade Tomato	Saltine Crackers	Saltine Crackers
	Split Pea Soup(ML) (GF)	Skinny Vegetable Soup(OSG)	Chicken Lemon Rice Soup(GF)	Beef Barley Soup	Soup	Chicken Noodle Soup	Broccoli Cheese Soup(ML)
	Soft Chicken Salad	Beef & Vegetable Lo Mein	Cheese Lasagna(ML)	Grilled Pork Tips	Cheese Pizza	Ham Salad Sandwich on Rye Bread	German Bratwurst on Bun
	Croissant	Vegetable Stir Fry	Sauteed Zucchini	Mashed Potatoes	Apple Coleslaw	Green Bean Salad Cooked	Potato Salad
	Potato Salad	Strawberry Cloud Cake	Dinner Roll	Peas &	Peanut Butter	Raspberry Sherbet	Steamed Sauerkraut
	Vanilla Ice Cream	-----	Sugar Cookies	Carrots-Seasoned	Cookies	-----	Pineapple
	-----	-----	-----	Scalloped Apples	-----	-----	Upside-Down Cake
Vegetable Pasta Casserole(ML)	Vegetable Quesadilla	Tuna Salad on White Bread	Egg Salad on Wheat	Turkey Burger on Bun	Chef Salad	-----	
				Sweet Potato Tots	Parmesan Breadstick	Homestyle Hamburger	
						Fresh Steamed Broccoli	