

# Inside Source

A Kenosha County ADRC Benefit Specialist Newsletter

January 2022  
Volume II Issue 1

## Medicare Preventive & Screening Services

Preventive services and screenings can provide ways to promote good health through planning, early detection, management, and medical guidance. Preventive services may include exams, shots, lab tests and screenings. You may pay nothing for most preventive services if you get them from a qualified doctor or other health care provider who accepts Medicare assignment. For some preventive services, you may have to pay a deductible coinsurance, and/or copayment.

Please talk with your doctor or health care provider to find out what tests or other services you may need, how often you may need them, and the cost. Below are a listing of services and screenings that may fall within preventive services:

- Abdominal aortic aneurysm screening
- Alcohol misuse screening and counseling
- Bone mass measurements
- Cardiovascular disease screening
- Cervical & vaginal cancer screening
- Colorectal cancer screening
- Depression screening
- Diabetes screening
- Glaucoma test
- Hepatitis B Virus infection screening
- Hepatitis C screening
- Lung Cancer screening
- Mammograms
- Nutrition therapy services
- Obesity screening and counseling
- "Welcome to Medicare" preventive visit
- Prostate cancer screen
- Sexually transmitted infections screening and counseling
- Shots
  - COVID-19 vaccines
  - Flu shots
  - Hepatitis B
  - Pneumococcal
- Tobacco use cessation screening

## CALENDAR OF EVENTS

### WELCOME TO MEDICARE WORKSHOP

#### Registration Required

*Call to reserve your spot.*

ADRC: 262-605-6646 or 1-800-472-8008

**Kenosha Southwest Library**

**7979—38th Avenue, Kenosha WI.**

**Thursday, February 17, 2022**  
**10 a.m. — noon**

**Thursday, March 17, 2022**  
**9 a.m. — 11 a.m.**

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## How We May be Able to Assist You

The Kenosha County Aging & Disability Resource Center provides resources and support for Kenosha County residents, age 60+ and adults 18+ with a disability.

A Medicare eligible client contacted the Kenosha County Aging & Disability Resource Center looking for a new Medicare Advantage plan after moving to Wisconsin. She needed a plan that included doctors located in Wisconsin and out of Wisconsin. She was also interested in finding a plan that resembled her old plan and had additional benefits within the plan.

The benefits specialist used medicare.gov to search for plans in her zip code and use the plan website to verify in-network providers. Also, called each of her doctors to ensure they accepted the plan and Medicare assignment. The benefit specialist checked the old plan from her previous state to compare the additional benefits with the new plan. Upon review, the proposed plan would give her access to in-network health care services with doctors she needed as well as was comparable in regards to additional benefits that her previous plan offered.

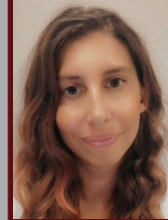
She was connected with local agencies to explore other resources available to her as well.

Call us at 262-606-6646 or 800-472-8008.



## Spot Light

### Meet Heather Vanoss, Benefits Specialist Supervisor



The Benefits Specialist team would like you to meet our amazing supervisor. Our clients say:

"She is very helpful".

"Nothing but excellence"

"We think the world of her."

Heather is a graduate of University of Wisconsin Whitewater, with a Bachelors degree in social work and a minor in psychology. Upon graduating, she worked within the Wisconsin Works-TANF program. In addition to working with TANF, she briefly worked with the Wisconsin Kenosha Racine Partnership as an income maintenance worker determining eligibility for public benefits. In her current role within the Aging & Disability Resource Center, she oversees the Benefits Specialists which include the elder benefit specialist, disability benefit specialist, benefit enrollment specialist, and outreach coordinator.

In addition to the above, she is a certified First Aid, CPR, and AED instructor and provides classes to employees who need to be certified as part of their job requirements. She serves on the Board of Directors for the Senior Companion program in Racine, WI as Secretary.

She is passionate and remains committed to older adults and persons with disabilities in the Kenosha community, by continuing to develop professionally and expand her knowledge of advocacy needs.

**Monday – Friday • 8 a.m. – 5 p.m. • Appointments available**

8600 Sheridan Road, Kenosha, WI 53143-6514

262-605-6646 • 1-800-472-8008 • Fax: 262-605-6649

E-mail: [adrc@kenoshacounty.org](mailto:adrc@kenoshacounty.org) • Website: [adrc.kenoshacounty.org](http://adrc.kenoshacounty.org)

Facebook: [kenoshacountyadrc](https://www.facebook.com/kenoshacountyadrc)

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