

Brookside Beacon

Brookside Care Center * 3506 Washington Road * 262-653-3800

January/February 2023

Looking Back to See the Future

A new year often prompts us to look forward and imagine what the coming months might hold. The month of January is named for the Roman God Janus, protector of gates, doorways, and transitions. He was depicted with two faces, one looking to the future and the other looking to the past. January seems an opportune month for reflection, to contemplate where we have been as we chart where we are going. The Spanish philosopher George Santayana famously said, "Those who cannot remember the past are condemned to repeat it." The past offers myriad lessons for the present. Studying past societies, systems, ideologies, religions, governments, cultures, conflicts, and technologies teaches us how we got to where we are today. Are there any more profound questions than "Who am I?" and "Why am I here?" History often provides answers to these age-old questions. History occurs on different and dramatic scales.

(Continued on page 2)

You can get excited
about the future...
The past won't mind.

~Hillary DePiano

Celebrating January

New Year's Day
January 1

Twelfth Night
January 5

Birthday Bash
w/Crazy Kenny
January 10

Martin Luther King Day
January 16

Wine and Song
Music w/ Bob Ropiak
January 19

Breakfast Club
January 25

Celebrating February

Groundhog Day
February 2

Super Bowl LVII
February 12

Valentine's Day
February 14

Presidents' Day
February 20

Mardi Gras
February 21

(Continued from page 1) The geologic history of Earth stretches back billions of years. Human ancestors first appeared hundreds of thousands of years ago. Human civilization began a mere 6,000 years in the past, while the modern era is just a few hundred years old. While there are lessons to be learned from each of these periods, perhaps far more pressing are our own personal histories. Personal reminiscence can be a powerful practice if done correctly. For a long time, reminiscence was seen as unhealthy. It wasn't until the 1960s that psychologists began to value reminiscence and personal reflection. Of course, reminiscence takes many forms. Both obsessing about how awful life was and escaping into the glories of the past offer little value. However, using reminiscence to pass on valuable life lessons can be constructive to a younger generation. Using past experiences as a blueprint to overcome present challenges is also helpful. The value of the past is that it gives us wisdom and strength for the present and reinforces for us that the choices we made were valuable and life was not wasted.

Flannel Day

Is flannel the perfect fabric? On February 10, Flannel Day, you can either praise its softness, warmth, and durability, or don a flannel shirt and enjoy all those qualities. What makes this fabric so cozy and warm? It has a napped, fuzzy finish, the result of combing the fabric to raise its fine, soft fibers. The first flannels came from Wales, where the word gwalanen referred to "woolen cloth." In the 17th century, Welsh textile workers began the process of carding sheep's wool, a method of combing that both disentangled and softened the yarns. The new carded fabric proved both strong, warm, and soft, and became a favorite of Welsh farmers. Flannels made from both wool and cotton soon spread around the globe, first as a favorite garment of the working class, and today worn by just about everybody.



Trivia (Answers are on page 7)

1. What large bird is pink in color due to a diet consisting mainly of shrimp?
2. What ancient Egyptian monarch does Elizabeth Taylor play in a 1963 film?
3. Who held the nickname of “World’s Oldest Teenager” and was known for hosting *American Bandstand*?
4. What French fashion designer was known for her signature No. 5 fragrance, the little black dress, and for accessorizing with pearls?
5. What was the name of the battle that ended up being the final defeat for Napoleon Bonaparte? **Hint:** It took place in Belgium in 1815.
6. What Canadian actor is known for his role in the *Back to the Future* films and the TV show *Family Ties*?
7. What are the five U.S. states with a coastline on the Gulf of Mexico?
8. What famous speech was delivered on November 19, 1863, and began with the words “Four score and seven years ago”?
9. Nova was a compact car introduced by which car brand in 1962: Buick, Cadillac, or Chevrolet?
10. What is the name of Scotland’s national poet, who famously wrote the words for “Auld Lang Syne”?



Bobblehead Mania



In the 1960s, baseball teams began giving away bobblehead dolls that did not even resemble players. As ticket sales climbed on bobblehead giveaway days, the craze swept from park to park. And it wasn't children who wanted the dolls but grown men and women. Why would someone show up to a ballgame two hours early to wait in line for a wobbly-headed doll? Marketing psychologists chalk it up to escapism. People collect bobbleheads for the same reason they read tabloid magazines, go to the movies, and vacation in Las Vegas—adults use these outlets to escape the rigors and stresses of everyday life. And some are amassing bobblehead collections worth thousands! Some bobbleheads from the 1960s are worth \$10,000. Bobbleheads are so popular they have their own holiday on January 7.





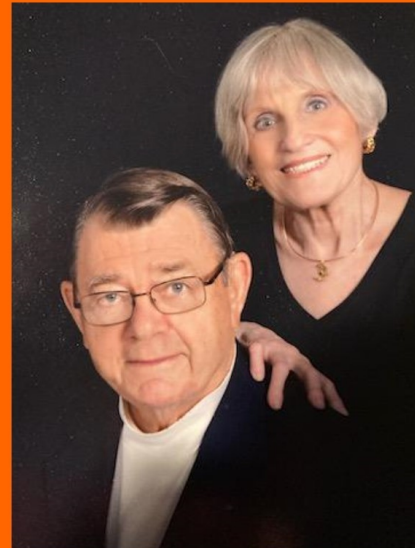
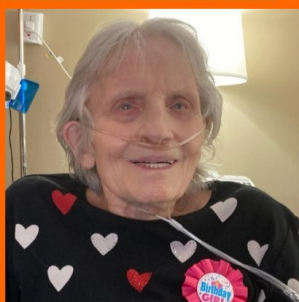
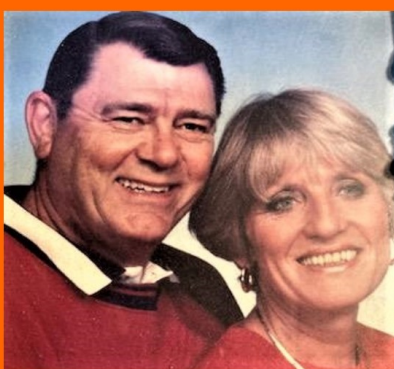
Getting to know June R!

June is from Reedsburg, Wisconsin. June describes it as a small town where you could walk anywhere you wanted to go and where everyone knew everyone else's business. June and her twin brother were born second in a family of five children...she was a timid and shy as a little girl. June's mother didn't think that June could fulfill her dream of going to college but that only increased her determination to get there. She worked very hard and sent herself through Waverly College- a private, Christian based college in Iowa. June majored in education, became a teacher and taught family living classes at Oak Creek High School. Part of the course had the students taking care of "flour sack babies" as they would take care of real babies. If the students put the babies in their lockers at the end of the school day, actual police officers would come and take the babies away. A student of June's named Shannon has stayed in touch with her all these years. Shannon works in Kenosha and she and June would often do things together...now she comes to Brookside to visit her. June met her husband Bill while they were in high school. Bill became a military pilot and June became a military wife, "I loved every bit of it! The moving to different places, being with other military families-all of it!" Living in Germany was one of her favorite places. June said that she and Bill named their children before they were even born...Paul and Ellen. Paul and his wife live in Dallas with their 2 children and Ellen and her husband-Mike- live here in town. June said she and Bill raised their family based in love and togetherness and her family agrees that she is a beautiful and wonderful mother. In June's younger years she liked to sew, golf and play bridge. June enjoys the Hallmark channel on TV. Her favorite color is orange, her favorite treat is ice cream, "Any ice cream, my favorite is fudge ripple but I really like them all." June likes the spring and she loves daffodils.

Her favorite movie is *Gone With The Wind* and she enjoys listening to classical music.

June commends the staff here at Brookside, "They take such good care of us and they treat us wonderfully."

June's advice to the younger generation is "Take notes on what happens in our *Golden Years*. It's not easy."





Meet our great staff!



Meet Leah Mayfield -Nash!

Leah works in the dietary department at Brookside and she has been here 3 years. Her favorite part of the job is providing great customer service to our residents and employees. Leah grew up in North Chicago, Illinois and she comes from a tight-knit family that, to this day, remains close. They once gathered for family reunions, parties, as well as weekly dinners at her late grandparent's house (on her mother's side). Now each family member takes turns hosting. Leah was an outgoing child, "You would always see me playing outside with my friends in the neighborhood." She enjoyed going to

school and social functions. She was on the city's dancing and drill team, "for a brief moment." From 2000 until 2004 Leah went to the University of Phoenix to obtain her BS in Healthcare Administration-BSHCA. "The courses were challenging yet rewarding. I enjoy gaining knowledge about different cultures and issues around the world." Leah met her spouse through a family member, "We did typical couple activities like family outings and we took a trip to Mexico and another to Los Angeles, CA." He was a Navy Service member and the couple married and started a family of their own when Leah was 26. "We welcomed 2 sons together and I had 2 sons from a previous relationship. We moved to San Diego, CA and lived there for 4 years when he was starting out." Leah's hobbies are reading, watching and writing horror, thriller and romance shows and books. Leah is an accomplished author and her books are for sale online. Here are more of Leah's likes and favorites:

Color red, black and any shade of yellow

Food when out seafood-shrimp

Ice cream mint chocolate chip

Cocktail frozen, strawberry margarita

Movie Bram Stoker's Dracula

Season fall

TV Show Supernatural

Singer Mariah Carey

Flower Chrysanthemum

Team Golden State Warriors

Car Ford Tempo

Here are Leah's words to live by: "Never be afraid to live your life how you want to!"



Happy January Anniversaries!



Bertha Castillo LPN 20 Years
Michelle Cerne Life Enrichment
13 Years
Corrine Maertzke COTA 13 Years
Marie Sands PTA 8 Years
Nicholas Postma Environmental
Services Manager 7 Years
Jennifer Trapp CNA 5 Years

Hailey Tilander Dietary 4 Years
Anna Becker CNA 3 Years
Danica Steinseifer Admissions
Coordinator 4 Years
Penny Clark-Taylor CNA 1 Year
Jacqueline Beyer RN 1 Year
Samantha Reyes LPN 1 Year
Angela Perez CNA 1 Year

Congratulations!!



Happy February Anniversaries!



Darlene Treskow CNA 25 Years
Barbara Miner LPN 13 Years
Delores Champagne CNA
12 Years
Jasmine Curtis-Coleman CNA
10 Years
Patricia Williams CNA 9 Years
Francisco Bueno CNA 8 Years
Pearlie Hayes Environmental
Services 7 Years
Crystal Schultz CNA 7 Years

Vanessa Moore Dietary 5 Years
Anila Sam RN 5 Years
Juan Cervantas-Santos Cook 5 Years
Berina Cole CNA 4 Years
Ashley Higgins CNA 3 Years
Justyna Martin CNA 3 Years
Katherine Ross CNA 3 Years
Hannah Schrauth CNA 2 Years
Anthony Bastianelli Maint. 2 Years
Jennifer Willing Dietician 1 Year
Saraea Windmon CNA 1 Year

Congratulations!!



Flights of Fancy

The night of the first full moon of the lunar new year brings one of Taiwan's most famous events, the Pingxi Sky Lantern Festival. Tens of thousands of visitors crowd the small hillside village of Shifen to release rice paper lanterns into the night sky. Participants write their names and wishes upon the lanterns, hoping that they will fly up to the gods, who will grant them their wishes in the new year. It is believed that the sky lantern was invented in the third century by military strategist Zhuge Liang as a way to send military signals. When the sky lantern tradition arrived in Taiwan, it was adopted by local farmers, who wrote their wishes for a plentiful season on the lantern's

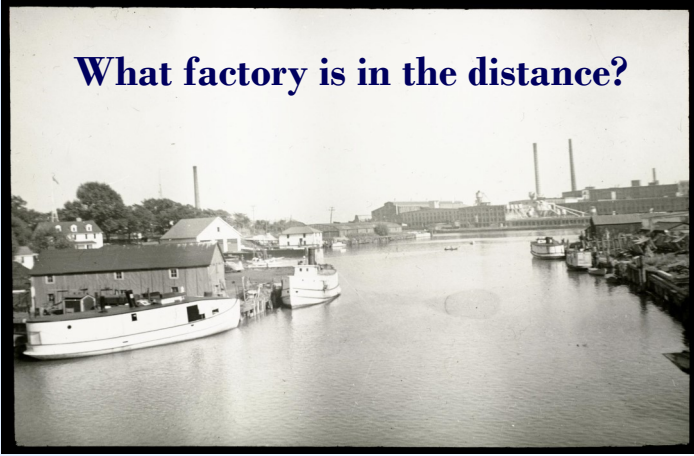
paper walls and sent them skyward to their gods and ancestors. Today, anyone who hopes to release a lantern arrives early, giving themselves enough time to purchase a lantern, write a message, and then find a spot to release it before 80,000 people descend upon the town. The sight of the night sky filled with thousands of lanterns is magical to behold.

Answers to Trivia from page 3

1. The flamingo. Juvenile flamingos are gray and white and do not turn the characteristic pink color until about two years old.
2. Cleopatra. Also known as Cleopatra VII, she is remembered as a powerful leader and shrewd politician.
3. Dick Clark. He hosted the show for over 30 years and helped popularize many up-and-coming musical acts, including Barry Manilow and Madonna.
4. Coco Chanel. Born in Saumur, France, she began her fashion empire by selling hats and eventually branched out into dresses and perfumes.
5. Waterloo. After his costly defeat in the Battle of Waterloo, Napoleon abdicated the throne of France and spent the remainder of his life in exile.
6. Michael J. Fox. In addition to his acting credits, Fox is an activist who founded the Michael J. Fox Foundation for Parkinson's Research.
7. Texas, Louisiana, Florida, Mississippi, and Alabama. The Gulf of Mexico is connected to both the Caribbean Sea and the Atlantic Ocean.
8. "The Gettysburg Address." Delivered by President Lincoln after the Battle of Gettysburg, the two-minute speech tied the struggles of the Civil War to the ideals of the founding fathers.
9. Chevrolet. Despite an urban legend that the Chevy Nova sold poorly in Latin America because its name translates to "doesn't go," the Nova remained a popular car for decades.
10. Robert Burns. Burns' poem is now associated closely with New Year's celebrations.



What factory is in the distance?



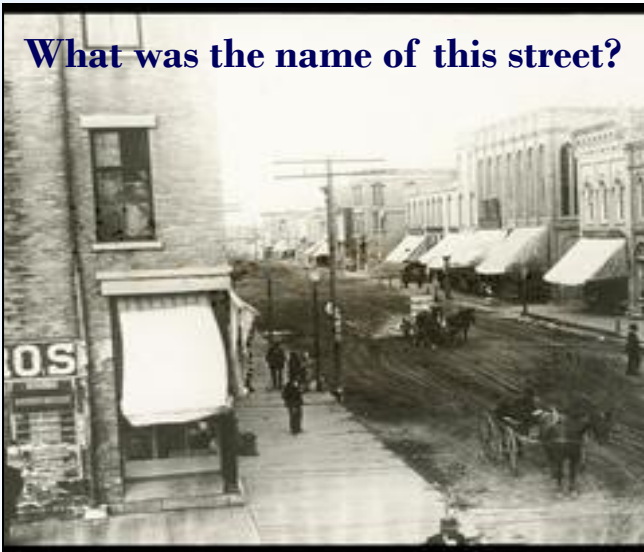
This scene was taken from the 50th Street bridge looking south across the harbor with the Simmons factory in the distance. The United States life saving station is seen at the left. Fishing boats and fish houses with nets are also seen. This picture was taken in July, 1937, by Michael G. Donnell.

The buildings shown here were on the south-east corner of the intersection of Main Street (Sixth Avenue) and Park Street (56th Street) and looking in a northeasterly direction. The First National Bank can be seen; the store with the awning is the grocery store of Joseph A. Slosson. The wagon shown is the delivery wagon of Mr. Slosson. The Daniel Knapp store was a general store and the Knapp family lived on the second floor.

Where is this in Kenosha ?

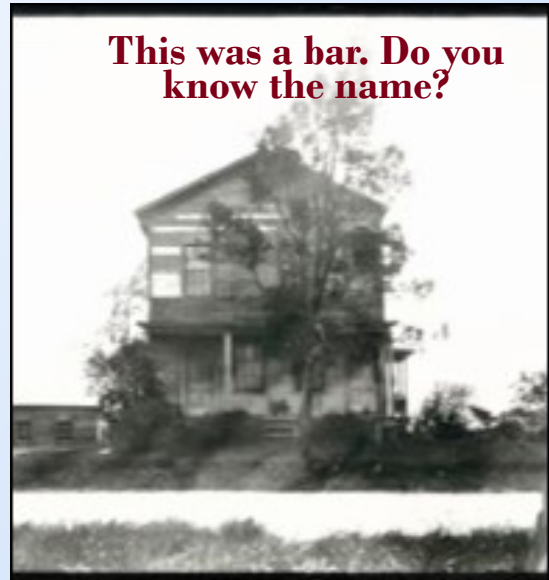


What was the name of this street?



This view is looking north from the corner at Park Street (57th). Note the dirt road and sprinkling wagon in center of the street. There is a plank sidewalk and crosswalk. Only one street lamp and that is one block north at Market Street. Building material way into the middle of the street.

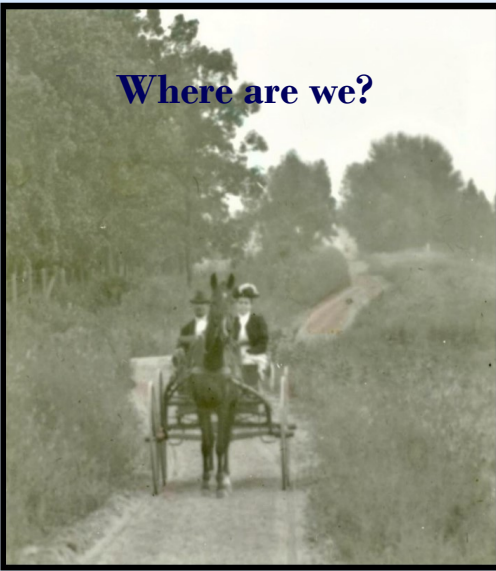
This was a bar. Do you know the name?



Dutton's Tavern, Plank Road, 60th Street. Picture taken by Undersheriff Nick Otto in 1932. At the time, this house was occupied by Joseph Bloom. It was located on Plank Road, S.E. 1/4, S. 32, Township of Paris and was the tavern of Lyman Dutton. In 1850, it was the place of the first annual meeting of the Kenosha Agricultural Society.

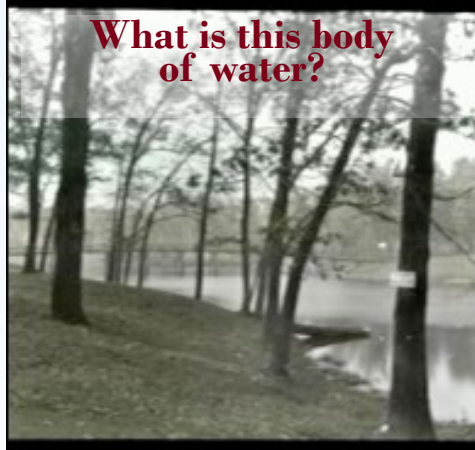
Where are we?

Howland Road-1890-1899 In the years following 1890's, and as the city of Kenosha began to develop, this "West Side" street became more prominent and was given the name Howland Avenue. Eventually, the street became 22nd Avenue. The spot pictured here was on 22nd Avenue between 70th and 80th Streets.



What is this body of water?

Lincoln Park Lagoon wooden bridge



This is Ann Street and Grand Avenue. Where are we?



Sheridan Road at 52nd Street

Do you know this building?

J.C. Penney store in 1942



What is going on here?



Army show in Kenosha -Wednesday, August 4, 1943, was Kenosha's day to entertain the 740th Military Police Battalion of the United States Army touring the states on a morale-building mission. This photograph shows a street in the camp established in Southport Park during their stay in Kenosha.

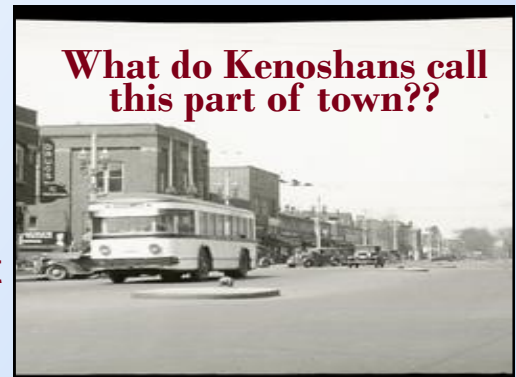
Pike Creek from Burlington Road - April 1890

What is this?



Uptown-22nd Avenue (Howland)
This view is looking north from Roosevelt Road .

What do Kenoshans call this part of town??



January Birthday's

Phyllis G.
Paul G.
Valerie G.
Alma Jean M.
Arleen S.
Joan Z.

Happy, Happy Birthday to You!!

February Birthday's

Chris B.
Joyce B.
Brian F.
Dorothy M.
Russell P.
Ellen S.
Rosemary S.
Shirley W.
Ruth Z.

Happy, Happy Birthday to You!!

January Morn

"Bare branches of each tree
on this chilly January morn
look so cold so forlorn.

Gray skies dip ever so low
left from yesterday's dusting of snow.

Yet in the heart of each tree
waiting for each who wait to see
new life as warm sun and breeze will blow,
like magic, unlock springs sap to flow,
buds, new leaves, then blooms will grow."

- Nelda Hartmann



January Birthdays

In astrology, those born from January 1–19 are Capricorn's Goats. Patience, perseverance, and dedication help Goats climb to the highest of heights. Their drive to the top makes them excellent partners and collaborators. Those born from January 20–31 are the Water Bearers of Aquarius. Although they bear water, Aquarius is an air sign, signaling that they are innovative, progressive, and rebellious. They nurture and support new ideas.

Isaac Asimov (author) – January 2, 1920
Elvis Presley (singer) – January 8, 1935
Max Roach (drummer) – January 10, 1924
Regina King (actress) – January 15, 1971
Dolly Parton (singer) – January 19, 1946
Benny Hill (comedian) – January 21, 1924
Etta James (singer) – January 25, 1938
Paul Newman (actor) – January 26, 1925
Jackie Robinson – January 31, 1919

February Birthday's

In astrology, those born from February 1–18 are the Water Bearers of Aquarius. Although they bear water, Aquarius is an air sign, signaling that they are innovative, progressive, and rebellious. They nurture and support new ideas. Those born from February 19–28 are Pisces' Fish. Pisces are incredibly sensitive and empathetic. They often tap into their boundless imaginations and dreamy attitudes to become accomplished artists.

Langston Hughes (poet) – February 1, 1901
Rosa Parks (activist) – February 4, 1913
Babe Ruth (ballplayer) – February 6, 1895
Jimmy Durante (actor) – February 10, 1893
Smokey Robinson – February 19, 1940
Sidney Poitier (actor) – February 20, 1927
Nina Simone (singer) – February 21, 1933
George Washington – February 22, 1732
Elizabeth Taylor – February 27, 1932