

"Your health and well-being are very important to me. I know you've been using drugs. Let's talk about this. I need you to be honest with me."



"I care about you, and you're a valued team member. I know you've been drinking on the weekends. This will cost you your spot on the team."



More information is available at [SaveLivesKenosha.org](http://SaveLivesKenosha.org)

## Adolescent Alcohol & Other Treatment Options

### OUTPATIENT

Aalto Enhancement  
(262) 654-9370

InterConnections  
(262) 654-5333

Oakwood Clinical Associates  
(262) 652-9830

Professional Services Group  
(262) 652-2406

Psychiatric and Psychotherapy Clinic  
(262) 654-0487

**If you have no insurance, contact the Resource Center at Kenosha Human Development Services at (262) 657-7188.**

### RESIDENTIAL

#### Gateway Foundation

Alcohol and Drug Treatment Centers  
Lake Villa, Illinois  
[recovergateway.org](http://recovergateway.org) (877) 505-4673

#### Rogers Memorial Hospital

West Allis, Wisconsin  
[rogersbh.org](http://rogersbh.org) (800) 767-4411

### Support for Parents

Hope Council Loved Ones Group  
[www.hopecouncil.org/loved-ones-group.html](http://www.hopecouncil.org/loved-ones-group.html)

# IT'S OK TO ASK KIDS ABOUT THEIR DRUG USE



Are you concerned that your child is abusing alcohol or other drugs?

Have you noticed changes with your child?



Conversations are one of the most powerful tools parents can use to connect with, and protect, their kids. But, when tackling some of life's tougher topics, especially those about alcohol and other drugs, just figuring out what to say can be a challenge.

"Prescription drugs are dangerous and addictive. I know you're abusing them. We need to have an honest conversation."



Uncomfortable conversations save lives.

[SaveLivesKenosha.org](http://SaveLivesKenosha.org)



## Tips to Help Guide Your Teen Toward a Healthy, Drug-Free Life

1. Make sure your teen knows your rules and the consequences for breaking them.
2. Let your teen in on all the things you find wonderful about him.
3. Show interest and discuss your teen's daily ups and downs.
4. Tell your teen about the negative effect alcohol, tobacco and other drugs have on physical appearance.
5. Don't just leave your teen's anti-drug education up to her school.

## Drugs by Another Name

"Molly" may be a friend's name, but it may not. "Special K" is a breakfast cereal, but why would your kids be chatting about it? Have they actually been riding lately? If not, "horse" may not be what you think. Names for illicit drugs are ever-changing, so if something seems strange in your child's communication, check it out. Ask questions of your child and others; give it a Google; see if your suspicions are warranted.

**Communication is key in preventing alcohol and other drug abuse.**

## SCHOOL



Skipping class



Sleeping in class



Getting into trouble



Drop in grades

## PERSONALITY



Secretive/  
suspicious  
behavior, lying



Sexually  
wreckless



Easily upset,  
angrier/grumpier



Loss of interest in  
hobbies

# Teen Addiction Warning Signs



## PHYSICAL



Frequent use of  
eyedrops



Red eyes



Dilated or  
constricted pupils



Drastic weight  
loss/gain

## SOCIAL



Avoiding old  
friends



Withdrawing and  
isolating



Fighting with  
peers/family



Job performance  
deteriorating