

BROOKSIDE BEACON

BROOKSIDE CARE CENTER

March & April 2024

Jeopardy's Journey

Television quiz shows came under fire in the 1950s when it was discovered that contestants were given help and sometimes even answers by quiz show producers. The incredibly popular shows *Quiz Show*, *Twenty-One*, *Dotto*, and *The \$64,000 Question* were all revealed to have been rigged, with contestants playing along to increase the dramatic tension and make the show more enjoyable for viewers. In 1960, Congress finally passed a law banning all fixing of quiz shows. It's not surprising that many television networks were hesitant to produce any new quiz shows. But audiences craved them. In 1964, television producer Merv Griffin wanted to come up with a new game show. His wife, Julann, pitched him this idea: a show where the contestants were given the answer and challenged to come up with the question. For example, if the answer is 5,280, the question is, "What is, 'How many feet are in a mile?'" From that simple idea, the hit show *Jeopardy!* was born.

(Continued on page 2)

The earth
laughs in
flowers.

~Ralph Waldo Emerson

Celebrating
March

Namesake Day

March 3

Napping Day

March 11

Quilting Day

March 16

Memory Day

March 21

Celebrating
April

National
Gardening Day

April 14

Take a Wild
Guess Day

April 15

Earth Day

April 22

International
Jazz Day

April 30

(From page 1) On March 30, 1964, *Jeopardy!* debuted, hosted by actor Art Fleming. It was a successful show, but after 11 years it folded. It was revived in 1984, this time hosted by Alex Trebek. For over three decades, Trebek reigned as the quintessential host of *Jeopardy!* With his poised demeanor and unmistakable voice, Trebek guided contestants through the challenging questions with wit and charm. He personified knowledge, embodying the essence of the beloved quiz show. After Trebek's death in 2020, the show embraced a rotating roster of hosts, including notable figures like former contestant Ken Jennings and actress Mayim Bialik. Each host brought their unique flair while honoring Trebek's legacy. Beginning with Season 40, Jennings took the reins as full-time host. As the winner of 74 games of the show, there is no doubt that he's qualified for the job!



In Praise of Weeds

Gardeners get giddy in March as the ground begins to thaw and green buds burst forth showing signs of spring. However, not all of those buds are welcome, and gardeners will begin their assault on unwanted weeds. But wait! Before you break your back pulling out garden invaders, take some time to understand these pests. March 28 is Weed Appreciation Day. Many weeds are native species of flowers that provide important pollen and nectar for bees and butterflies as well as seeds for a variety of birds. They may not be always be pretty, but they are important. For example, the humble clover may be undesirable, but it has tremendous benefits. It grows easily and in abundance, is a tasty and nutritious crop for grazing animals, fixes its own nitrogen, (which means less need for fertilizer), and grows in a wide variety of climates and soils. It is also one of the honey-*bee's* main sources of nectar. Many other weeds are edible and healthy. The roots of the burdock plant are regularly eaten in Japan and Korea. They taste similar to artichokes and are high in fiber and potassium. Dandelion and burdock are combined to make a tasty drink that is popular in England and tastes similar to root beer. The leaves of lamb's quarters, also known as goosefoot or pigweed, are a good substitute for spinach. The seeds, known as quinoa, are a popular alternative to rice and other grains and are high in protein and vitamin A. Purslane is eaten all over the world in salads, stir-fry dishes, and soups. It contains more of the all-important omega-3 fatty acids than any other leafy green. So this March, before you yank, consider whether that weed may actually be a boon for you and your woodland friends.

WHO AM I?

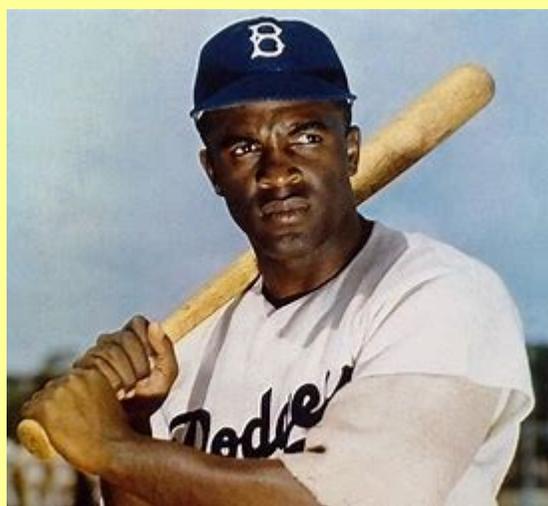


Do you know who I am?

Here are some clues:

The answer is on page 7

1. I have been the subject of a musical.
2. I have received hundreds of marriage proposals.
3. I was created in 1921.
4. I have my own website.
5. I was born in Minnesota.
6. I had my own radio show.
7. I was recognized by the Red Cross for my efforts during World War II.
8. I got my start due to a puzzle contest.
9. I have seven million fans on social media.
10. People write to me seeking advice about food.
11. In the 1940s and '50s, I had a TV show.
12. I ran a cooking school.
13. I have had several portraits painted of
14. People love my recipes.
15. My first product was a dried soup mix.
16. I'm not a real person, but many people think I am.
17. You can see my signature in the grocery store.
18. In 1945, I was named the second most popular woman in America.
19. I run a test kitchen.
20. General Mills is my parent company.
21. Home cooks have relied on me for decades.
22. I have sold millions of cookbooks.
23. I'm known for my cake mixes.
24. My most famous book is nicknamed "Big Red."



Major League Debut

On April 15, 1947, Jackie Robinson played his first major league baseball game with the Brooklyn Dodgers against the Boston Braves in front of a crowd of 25,000 spectators at Ebbets Field in Brooklyn. This marked the first moment that an African American athlete played a sport in any of the major leagues. Robinson did not get a hit that day, but he was awarded the first ever

Rookie of the Year title that year. In 1949, he was named the National League's Most Valuable Player. The next year, he became the Dodgers' highest paid player with a salary of \$35,000. In 1955, Robinson led the Dodgers to a World Series victory over the New York Yankees. A perennial All-Star and Hall of Famer, Robinson's number 42 was retired by all of baseball on April 15, 1997.

Getting to Know Our Wonderful Staff !



Getting to know Adrian Lott!

Adrian has been at brookside for five years and she is a CNA. Adrian says she loves the residents and her co-workers!

Adrian grew up in Chicago with five brothers and four sisters. Adrian was a quiet child while she was growing up. She now has a daughter, Kimaria, who is four years old. "I have special memories of when I adopted her."

Adrian is currently attending The Salon Professional Academy of Kenosha and she is studying cosmetology, "I like doing hair and making people feel beautiful." She also enjoys doing hair and lashes as a hobby.

Here are some more of Adrian's favorites:

Color– Purple

Season– Summer

Cocktail– Old Fashion

TV show– Sistas

Adrian would like to share these words of wisdom:

"I never lose. I either win or I learn from it... Never stop learning...

Because life never stops teaching..."

Adrian & Kimaria





1. I was born on March 14, 1879.
2. I was born in Ulm, Germany.
3. My family was ethnically Jewish but not religious.
4. My father was an engineer and salesman.
5. I went to school in Munich, even after my family moved to Italy.
6. Although I was very intelligent, I struggled with the structure of school.
7. I dropped out of high school.
8. I eventually went to university in Switzerland.
9. I met my first wife while we were both enrolled in university.
10. My first wife and I had two sons.
11. I took a job in a Swiss patent office.
12. I divorced and remarried in 1919.
13. In 1932, I was forced to flee Germany.
14. In the United States, I joined the NAACP to help advocate for people who had suffered discrimination because of their background like I had.
15. I helped found the U.S. chapter of the International Relief Association to help those in Europe who suffered under the Nazis.
16. I was tutored by a family friend. A medical student and introduced me to science.
17. In 1905, I published four groundbreaking academic papers about physics. 18. I became a successful traveling lecturer after my work was published.
19. I won the Nobel Prize in 1921.
20. When I immigrated to the United States, I ended up in Princeton, New Jersey.
21. Many of my theories on the origin of the universe have now been verified by satellites.
22. My work helped prove that black holes exist.
23. When I passed away, my final theory was still incomplete.
24. I am most famous for my theories on relativity.
25. My most famous equation is $E = mc^2$.



The Perfect Pair

Feeling hungry? March 23 is Chip and Dip Day. This ultimate snack and party pairing has come a long way since chips and salsa. Often, the dip is the exciting element of the duo: creamy ranch made with sour cream, dill, garlic, and dried onions. Or guacamole with fresh avocados, garlic, onion, tomatoes, a dash of cayenne, and a squirt of lime. For a change of pace, try hummus, spinach with artichokes, or a white bean spread .

Although it may be taken for granted, the chip is more than just a vehicle for the dip. Corn, potato, and baked pita chips provide a satisfying crunch. Sometimes you don't need a chip at all. Toasted slices of Italian bread are the perfect base for bruschetta. If you really want to impress a crowd, wow them with cheese fondue. The cheese is spectacular, but equally delicious are the sausage, bread, apples, and veggies for dipping.

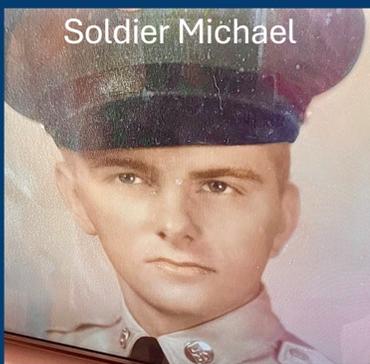


Talking with our resident...



Talking with Mike S. Mike is from Kenosha. He is second oldest in a family of 7 kids. Mike went to Lincoln Elementary school and graduated from Bradford High school. Mike said as a kid, he and his 3 brothers loved to play war...they live near some hills and it made for a great play area. In high school, Mike worked part time at Sentry Foods as a stocker. After high school, Mike joined up for the Army. He was stationed in Alaska after the *Great Alaskan Earthquake*. The area was devastated by the damage of the quake, and it was declared a disaster area. The Army, Mike included, was sent in to help. "It was fantastic to be there to help." For his service and bravery there, Mike was given the honored *Soldier's Medal*. This is the highest "peace time" soldiers decoration given. It is the equivalent to the *Medal of Honor* that is given during war time. Mike met his wife during his time in the service and they had 2 children, a son and a daughter. Sadly, Mike's daughter has passed. When returning, Mike was given his job back at Sentry and then he was promoted to Produce Manager. Mike eventually got out of the retail business, and he went to work in the printing industry. When Mike was 50, he met his second wife, Myra, while out one night in Somers. They enjoyed going out and they loved dancing. "My favorite music is 1950's and 60's rock and roll!". Mike is a "self-taught" drummer and he has played in some trio's and a band. Mike has been able to play along with some of the musical groups here at Brookside and he still loves it. Mike and Myra golfed a lot together and Mike, being an avid hunter and fisher, took 4 fishing trips to Canada. "I caught a 20-pound, 45-inch Northern Pike! It's hanging on my wall!" Mike loves the Packers, his favorite color is green,

"like a golf course." His favorite food to order when out to eat is dessert and his first car was a 55 Chevy. Last year, Mike was able to on the Honor Flight to Washington DC. He went with his step son and his granddaughter met them there, "It was such a beautiful and touching experience." Mike's words of advice to young people are, "Go into the service, you can't beat it!"



Soldier Michael



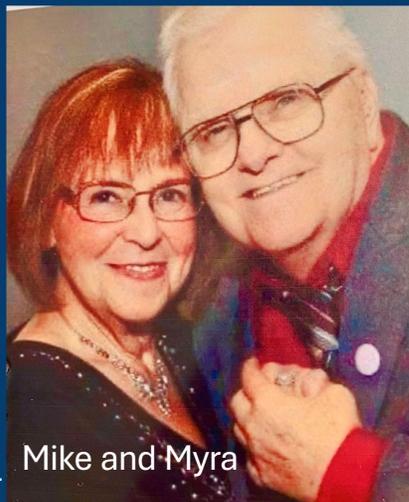
Mike's Soldier's Medal



20 lb. 45 inch Northern Pike



Mike with his granddaughter and step son in Washington



Mike and Myra



Mike

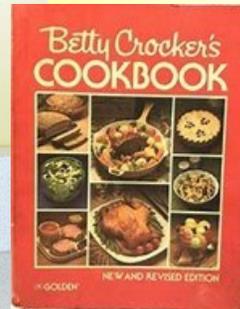
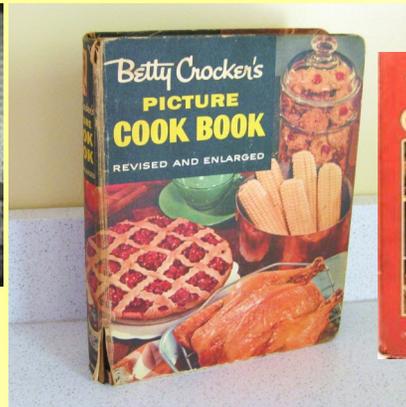


Let the Good Times Roll

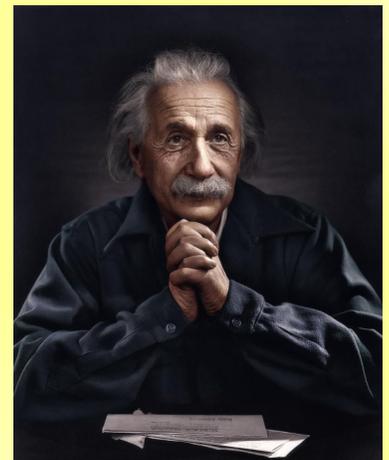
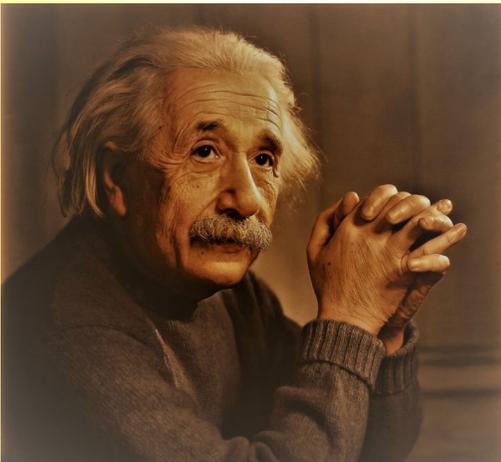
All April long, opponents will be throwing their knuckles down. Don't worry, this isn't anything sinister. "Knuckles down" is the position you assume before shooting in a classic game of marbles. So, this April, Knuckles Down Month, you too can play for keeps. The classic game of marbles is called ringer. Two parallel lines, lag lines, are drawn 10 feet away from each other. A large 10-foot circle is drawn between the lag lines. In the middle of the circle is a cross made of 13 target marbles, or mibs. To determine who plays first, each player lags from one lag line to

the other; that is, they toss their shooter marble to the opposite line. The player whose shooter lands closest to the lag line goes first. Play starts by knuckling down along the edge of the ring and using your thumb to cast your shooter at the mibs inside. The object is to knock a mib outside the circle while keeping your shooter inside. You next knuckle down inside the ring where your shooter landed. If you fail to knock out a mib, then it is your opponent's turn. The first player to knock out a majority of marbles wins, and it's up to you to determine whether to play for fair (return all marbles to their original owners) or play for keeps (the winner keeps all the marbles).

Answer to "Who am I?" (from page 3) Betty Crocker!



Answer to "Who am I?" (from page 5) Albert Einstein!



Happy March & April Anniversaries!



March

Michele Johnson 31 Years CNA
Diana Christofferson 21 Years-
Director of Admission /Marketing
Patricia Kirkorian 13 Years-
Health Unit Coordinator
George Rice 13 Years Maintenance
Erika Delgado 12 Years CNA
Debra Barlow 9 Years-
Environmental Services
Ojiugo Daniel 8 Years RN
Jami Hoff 7 Years LPN
Debra Sanders 7 Years LPN
Lynda Bogdala 6 Years-
Administrator
Tamera Cannon 6 Years Dietary

Mckenzie Kozmer 5 Years CNA
Courtney Johnson 4 Years-
Nursing Supervisor
Paul Miller 4 Years-
Environmental Services
Sarah Owens 4 Years RN
Caitlin Willet 3 Years Dietary
Rochelle Albertson 2 Years Dietary
Brenda Gonzales 2 Years Dietary
Michelle Moore 2 Years-
Environmental Services
Sierra Smith 2 years-
Billing Reimbursement Specialist
Zyon Woods 2 Years CNA



April

Teri Lemay 39 Years-
Environmental Services
Jessica Jackl Years-
Environmental Services
Saudia Rashid 14 Years Dietary
Evelyn Boldon 11 Years CAN
Nancy Liefbroer 11 Years-
Health Unit Coordinator
Mario Aguilar-Hernandez 8 Years-
CNA
Inok Ryu 8 Years RN
Timothy Lavota 6 Years LPN

Danica Steinseifer 5 Years-
Admissions Coordinator
Inok Ryu 8 Years RN
Timothy Lavota 6 Years LPN
Maryjoseph Acosta 3 Years CNA
Emily Meyer 3 Years CNA
Nykela Nichols 3 Years CNA
Kiley Pounders 3 Years CNA
Alyssa Finch 2 Years CAN
Teresa Lopez 2 Years -
Fiscal Manager



Wacky Wordies Each puzzle represents a common word or phrase. Can you decipher them?

1. another thing	2. go It it it it	3. me repeat
4. nsagil nsagil nsagil	5. besickd	6. feet feet
7. wear long	8. cheditorief	9. pacing and forth
10. built last last	11. g A r d e n	12. pressure crumble

Wacky Wordies Solutions

- | | |
|----------------------------|----------------------------|
| 1. One thing after another | 7. Long underwear |
| 2. Go for it | 8. Editor-in-chief |
| 3. Repeat after me | 9. Pacing back and forth |
| 4. Mixed signals | 10. Built to last |
| 5. Sisk in bed | 11. Garden variety |
| 6. Two left feet | 12. Crumble under pressure |

Happy Birthday to You!

March Birthdays

John B.
Margaret K.
David L.
Laura M.
Ann M.
Carlene P.
Gloria P.
Glen R.
Rosemary R.
Jean S.
Shayron S.
Thomas S.
Rosemary S.
Michael S.
Joseph W.

April Birthdays

Ellen B.
Thomas B.
Phyllis D.
Jesusita G.
Richard H.
James H. Jr.
Patricia I.
Gerald N.
Jane O.
Christine P.
Carlton S.

*Have a
Wonderful
Day!*



"You were tossing and turning all winter."



"I wandered lonely as a cloud
That floats on high o'er
vales and hills,
When all at once,
I saw a crowd,
A host, of golden daffodils."

~William Wordsworth

March Birthdays

Those born from March 1-20 are Pisces, the Fish. Like fish, Pisces like to go with the flow in an easygoing manner, but on the inside, they are intuitive, intensely spiritual, and deeply emotional. If you were born between March 21-31, you are Aries, the Ram. These independent adventurers like to strike out on their own and are natural leaders. Their enthusiasm and confidence mean they have big and outgoing personalities.

Dr. Seuss- March 2, 1904

Jackie Joyner-Kersey - March 3, 1962

Lou Costello - March 6, 1906

Sam Donaldson- March 11, 1934

Glenn Close- March 19, 1947

Chaka Khan- March 23, 1953

Danica Patrick - March 25, 1982

Walt Frazier- March 29, 1945

Gordie Howe - March 31, 1928

April Birthdays

If you were born between April 1-19, you are Aries, the Ram. These independent adventurers like to strike out on their own and are natural leaders. Their enthusiasm and confidence give them big, outgoing personalities. Those born between April 20-30 are Bulls of Taurus. Bulls show a steady persistence in endeavors both professional and personal, and after working hard, they like to reward themselves for a job well done.

Marlon Brando - April 3, 1924

Jackie Chan - April 7, 1954

Beverly Cleary - April 12, 1916

Barbra Streisand - April 24, 1942

Jay Leno - April 28, 1950

Duke Ellington - April 29, 1899