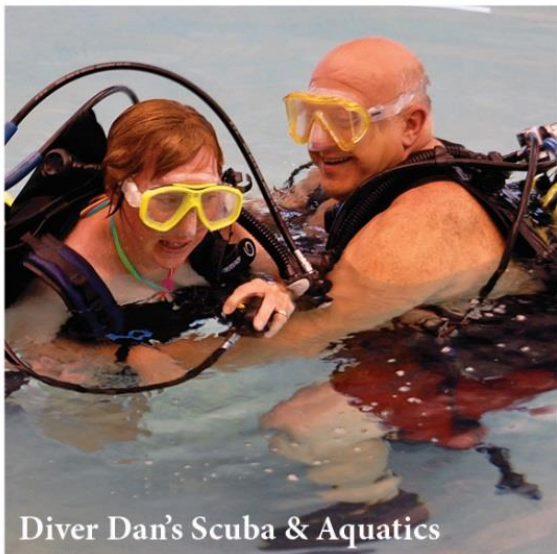


# Recreation & Wellness Resource Guide

2023 - 2024







# Recreation & Wellness Resource Guide

## ON THE COVER

**Accessible Water Skiing, Wisconsin Water Ski Federation.** *In the photo, Chad.*

**Accessible Kayaking, Department of Natural Resources.** *In the photo, Nathan Mack.*

**Wheelchair Basketball, Great Lakes Adaptive Sports Association.**

**Autism Awareness, Just Add Kids.**

**Wheelchair Tennis, Great Lakes Adaptive Sports Association.**

**Scuba Diving, Diver Dan's Scuba & Aquatics.** *In the photo, Dan Vaccaro and Pamela DeVuyst.*

**Zip-lining, Easter Seals.** *In the photo, Pamela DeVuyst.*

**Mouth Painting, Mouth and Foot Painters Association.** *In the photo, artist, Jeff LaDow.*



This is a free publication of the Kenosha County Aging & Disability Resource Center, (ADRC).  
For more information or for additional copies contact the ADRC at 262-605-6646.

**\*Disclaimer:**

This information is believed to be accurate as of the date of the last update. The Aging & Disability Resource Center (ADRC) may not be held responsible for using this information in a way it was not meant to be used. The ADRC does not recommend or screen the business or services and is not responsible for any business policies. Please use your judgement when calling for services, getting estimates, checking references and licenses. For professional license information, you can contact the Wisconsin Department of Regulation and Licensing by phone: 608-266-2112, or access their website: [online.drl.wi.gov/LicenseLookup/LicenseLookup.aspx](https://online.drl.wi.gov/LicenseLookup/LicenseLookup.aspx)

You can also contact the Better Business Bureau by phone: 1-800-273-1002 or access their website: [www.wisconsin.bbb.org/](https://www.wisconsin.bbb.org/)

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For further information and resources for individuals with a disability or an older adult, please contact:

Kenosha County Aging & Disability Resource Center (ADRC)  
8600 Sheridan Road  
Kenosha, WI 53143  
262-605-6646 or 1-800-472-8008  
Web address: [www.adrc.kenoshacounty.org](http://www.adrc.kenoshacounty.org)  
E-mail: [adrc@kenoshacounty.org](mailto:adrc@kenoshacounty.org)  
Facebook: [www.facebook.com/kenoshacountyadrc](https://www.facebook.com/kenoshacountyadrc)

. \*\* Please note, **\_ES** next to names in this booklet, show they offer services in Spanish, based on staff availability. Please call ahead for any translation needs



**In Memory of Jeffrey LaDow:**

Jeffrey LaDow of Hales Corners uses his mouth to hold a paintbrush while he paints at Fun 'n Fit, 2012. LaDow, who was paralyzed in a diving accident in 1975, later learned the mouth-painting technique. He passed away on May 26, 2014 at the age of 57. Jeff participated in Fun 'n Fit for 6 years and inspired many. We remember him fondly.

## **ARTS, ENTERTAINMENT and EDUCATION**

### **Adventures in Lifelong Learning-UW Parkside**

**262-595-2793**

900 Wood Road, Talent Hall, Rm 115  
Kenosha, WI 53141

[www.uwp.edu/connect/friends/all.cfm](http://www.uwp.edu/connect/friends/all.cfm)

Offers continuing education for seniors, through lectures, focus group meetings, classes, day trips and presentations. Call for membership details.

### **GameAble**

**262-925-6099**

[plorenz@society'sassets.org](mailto:plorenz@society'sassets.org)

A regularly scheduled gathering that combines peer support and recreation for youth (age 14-25), with any disability.

### **Gateway Radio Reading Service**

**262-564-3744**

3520 30<sup>th</sup> Avenue

Kenosha, WI 53144 [www.wgtd.org/program/reading-service/gateway-radio-reading-service](http://www.wgtd.org/program/reading-service/gateway-radio-reading-service)

Volunteers read articles on air, from the Kenosha News, Racine Journal Times and other publications along with poetry, short stories, tales of the past and other light-hearted tidbits. For Kenosha and Racine area residents who are not able to read for themselves due to a visual or mobility disability. A special receiver is needed and is available at no cost. Available streaming live online. Call for details.

### **Just Add Kids-Next Steps Theatre**

**414-267-2929**

325 W. Walnut Street  
Milwaukee, WI 53212

[www.justaddkidsonline.net](http://www.justaddkidsonline.net)

Classes teaching life skills through stage skills. Helping each student take his or her next steps as an artist and a person.

**K\*Stars**

Inclusive Choir for Young Adults with disabilities.

**847-702-2656**

[mary.rhodes@gmail.com](mailto:mary.rhodes@gmail.com)

**MFPA – Mouth and Foot Painting Artists**

2070 Peachtree Court, Suite 101

Atlanta, GA 30341

**1-877-637-2872**

[www.mfpausa.com](http://www.mfpausa.com)

The Mouth and Foot Painting Artists (MFPA) is always looking for new artists, whether they are already painting to a high standard, or seeking to develop their artistic skills. However, potential candidates must be; unable to use their hands when they paint due to a disability. All qualified applications are reviewed by the organization to determine the artist's capability, which governs the level of financial support deemed necessary to develop the artist.

**Milwaukee Repertory Theater**

**414-224-9490**

[www.milwaukeerep.com/](http://www.milwaukeerep.com/)

Offers access performances to accommodate patrons who are visually impaired, hearing impaired.

**Newsline (NFB)**

200 Cast Wells Street

Baltimore, MD 21230

**1-866-504-7300**

[www.nfb.org](http://www.nfb.org)

Provides access to newspapers for persons with vision impairment. This free service is available through a touch-tone phone by dialing a toll-free number. The Milwaukee Journal Sentinel and the Wisconsin State Journal are available, as well as many national newspapers. \*Offers series of webinars regarding cooking, etc.

**Wisconsin Talking Book and Braille Library**

**414-286-3045**

[www.dpi.wi.gov/talkingbooks](http://www.dpi.wi.gov/talkingbooks)

Provides reading material, equipment and accessories, reference services, publications, Braille music, Audio-Described Movies and newsletter for those Wisconsin residents who for any physical reason cannot read normal print.

## **Libraries**

### **Kenosha Public Library System ES**

**262-564-6100**

#### **Southwest Library**

[www.mykpl.info](http://www.mykpl.info)

7979 38<sup>th</sup> Avenue, Kenosha

The Southwest Library is the largest Kenosha Public Library Building, housing the central reference collection, unique children's and teen resources and largest circulating collection. Adaptive materials for the Blind/ Low Vision:

- Large Print Books
- Pocket Talker Pro
- High contrast keyboard
- JAWS/MAGic software
- Shopping cart/walker
- Homebound service

#### **Northside Library ES**

1500 27<sup>th</sup> Avenue, Kenosha

The Northside Library has the largest collection of materials for individuals who are Blind, Low Vision or has a physical disability. This site also acts as a liaison to the Wisconsin Regional Library for the Blind and Physically Handicapped. The Bookmobile is a library on wheels, to allow greater access to the library system and materials.

Special Needs Adaptive Equipment:

- Magnifier
- High contrast keyboard
- JAWS/MAGic Software
- Talking Typing Teacher software
- Pocket Talker Pro
- Walker/Shopping Cart
- Homebound services available through the Book Mobile Office, 262-564-6190

#### **Simmons Library ES**

711 59<sup>th</sup> Place, Kenosha

The Simmons Library includes large print books for adults. The entrance door has the ADA 3-5 pound closer. \*The building is not accessible to persons with significant mobility impairments.

#### **Uptown Library ES**

2419 63<sup>rd</sup> Street, Kenosha

The Uptown Library includes large print books for adults. The entrance door has the ADA 3-5 pound closer. There is a wheelchair accessible restroom and drinking fountain.



## **Movie Theatres**

The theatres listed offer captioning for individuals who are deaf or hard hearing and/or descriptive video for individuals who are blind or low vision.

### **AMC Mayfair**

[www.amctheatres.com](http://www.amctheatres.com)

Mayfair Mall

2500 N Mayfair Road, Wauwatosa

414-777-0467 (Guest Services)

### **Cinemark-Tinseltown**

[www.cinemark.com](http://www.cinemark.com)

7101 70<sup>th</sup> Court

Kenosha, WI

262-942-8537

## **Sensory Friendly Films**

AMC Entertainment (AMC) and the Autism Society have teamed up to bring families affected by autism and other disabilities, a special opportunity to enjoy their favorite films in a safe and accepting environment on a monthly basis. The movie auditoriums will have their lights brought up and the sound turned down, families will be able to bring in their own gluten-free, casein-free snacks, and no previews or advertisements will be shown before the movie. Additionally, audience members are welcome to get up and dance, walk, shout or sing.

### **Marcus Theatres**

[www.marcustheatres.com](http://www.marcustheatres.com)

Offers open captioning during weekend showings of select first run films at special theatres.

### **Gurnee Cinemas**

**847-855-9945**

6144 Grand Avenue

Gurnee, IL 60031

### **The Renaissance Cinema**

**262-884-9253**

10411 Washington Avenue

Sturtevant, WI 53177

## **Museums**

### **Betty Brinn Children's Museum**

929 East Wisconsin Avenue

Milwaukee, WI 53202

**414-390-5437**

[www.bbcmkids.org](http://www.bbcmkids.org)

The Museum provides interactive exhibits and educational resources that promote the healthy development of children in their formative years—from birth through age ten. The Museum experience encourages hands-on learning and the development of fundamental skills, self-esteem, and the ability to work with others.

**Dinosaur Discovery Museum****262-653-4450**5608 10<sup>th</sup> Street[www.kenosha.org/wp-dinosaur](http://www.kenosha.org/wp-dinosaur)

Kenosha, WI 53140

The Dinosaur Discovery Museum is the only museum to exclusively focus on the link between birds and meat-eating dinosaurs, one of the most complete known fossil records. The Carthage Institute of Paleontology is housed in the museum, and it is dedicated to the preparation and conservation of real dinosaur fossils.

**Accessibility:**

The Museum is wheelchair accessible. Service animals are welcome. The museum has one wheelchair that may be checked out. Stop at the front desk for more information

**Kenosha Civil War Museum****262-653-4141**5500 1<sup>st</sup> Avenue[www.kenosha.org/wp-civilwar/](http://www.kenosha.org/wp-civilwar/)

Kenosha, WI 53140

The Civil War Museum explores the war as seen and experienced on the home front and the battle front. The permanent exhibit gallery tells the stories of those whose lives were changed by the Civil War and how those people shaped the course of American history. This gallery showcases significant Civil War artifacts important to the regional and national Civil War story using life-scale, interactive exhibits, and audio and video technology.

**Accessibility:**

The Museum is wheelchair accessible. Service animals are welcome. The museum has one wheelchair that may be checked out. Stop at the front desk for more information.

**Kenosha Public Museum****262-653-4140**5400 1<sup>st</sup> Avenue[www.kenosha.org/wp-museum](http://www.kenosha.org/wp-museum)

Kenosha, WI 53140

The Kenosha Public Museum includes world cultures, Native Americans, zoology, geology, fossils, and fine and decorative arts. The Kenosha Public Museum offers a wide variety of classes and workshops for all ages.

**Accessibility:**

The Museum is wheelchair accessible. Service animals are welcome. The museum has one wheelchair that maybe checked out. Stop at the front desk for more information.

**Milwaukee Public Museum**

800 West Wells Street

Milwaukee, WI 53233

**414-278-2728 or 1-888-700-9069**[www.mpm.edu](http://www.mpm.edu)

A museum of human and natural history providing a dynamic and stimulating environment for learning with something to excite and challenge visitors with a diversity of interests. The museum also has an IMAX /Planetarium.

Accessibility:

All exhibits and facilities are wheelchair accessible.

**Racine Art Museum**

441 Main Street

Racine, WI 53403

**262-638-8300**[www.ramart.org](http://www.ramart.org)

The Racine Art Museum (RAM), is a contemporary craft museum, with more than 4,000 objects in their permanent collection. RAM also offers arts education through Wustum Museum, where it offers community outreach programs, studio art classes and workshops taught by regionally and nationally known artists working in craft media.

Accessibility:

The museum was designed to be completely accessible to visitors with special needs, from its entrance doors to its restrooms and elevators.

**Zoos****Milwaukee Zoo**

1001 West Blue Mound Road

Milwaukee, WI 53226

**414-771-3040**[www.milwaukeezoo.org](http://www.milwaukeezoo.org)

The zoo is home to more than 1,800 mammals, birds, fish, amphibians and reptiles with more than 350 species represented. The zoo offers workshops, holiday celebrations, summer concerts and food festivals.

Accessibility:

All of the buildings are handicap accessible and adheres to the American with Disabilities Act.

**Racine Zoological Gardens**

2131 N. Main Street

Racine, WI 53402

**262-636-9189**[www.racinezoo.org](http://www.racinezoo.org)

The Racine Zoological Gardens are located on the sandy shores of Lake Michigan on the north side of downtown. Here you will find giraffes, rhinos, lions, tigers, bears, orangutans, kangaroos, and more living in exhibit spaces designed to imitate natural surroundings.

## EXERCISE AND RECREATION PROGRAMS

### **Boys and Girls Club of Kenosha**

1330 52<sup>nd</sup> Street

Kenosha, WI 53140

**262-654-6200**

[www.bgckenosha.org](http://www.bgckenosha.org)

Offers an annual membership for adults who wish to use the facility. Membership is good for one year, and allows entry into the facility for walking and participation in adult athletic programs.

### **Braun's Karate & Martial Arts**

Chris Braun, Sensei

Location of BKMA HQ (The Jinteki Do Dojo)

St. John's Lutheran Church

3833 8th Avenue

Kenosha, WI 53140

**262-412-5942**

[www.bkmartialarts.org](http://www.bkmartialarts.org)

Braun's Karate and Martial Arts Academy (BKMA) is a martial arts club that has taught discipline and respect through the martial arts since 1996 in the Kenosha area. Braun's Karate and Martial Arts was founded with the idea of not charging students to study the martial arts. Students learn a wide range of styles including karate, aikido, capoeira and more, giving the student a balanced training. Braun's teaches adults and children of all abilities.

### **Bridges Community Center**

5718 7<sup>th</sup> Avenue

Kenosha, WI 53140

**262-657-5252**

Drop-in center for individuals to have a safe place to gather with other adults facing mental health and wellness issues. Offers peer support, empowerment, self-directed recovery, and recreational activities.

### **Guttormsen Recreation Center**

5411 Green Bay Road

Kenosha, WI 53144

**262-658-8191**

[www.grcbowling.com](http://www.grcbowling.com)

Wheelchair accessible bowling. Ball stands are available.

**Kenosha YMCA- Callahan Family Branch****262-654-9622**7101 53<sup>rd</sup> Street[www.kenoshaymca.org](http://www.kenoshaymca.org)

Kenosha, WI 53144

A fitness and recreation center, featuring rock climbing, swimming, etc. Sponsors the Miracle League Program for baseball and wheelchair soccer. In partnership with Easter Seals, provides inclusive recreation programs for children and teens during after-school, Saturdays, summer programs.

**Adult Day services Program****414-963-5944**

Provide day programs, Monday-Friday, 7:30 a.m. - 2:00 p.m. for ages 18 and over with special needs.

**Parkinson's Wellness Recovery Program****262-654-9622, ext. 235**

Exercise program for people with Parkinson's disease, call for dates/times.

**Mindful Yoga****262-859-2151**

6127 Green Bay Road, Suite 150

[www.yogainmind.com](http://www.yogainmind.com)

Kenosha, WI 53142

Adaptive yoga for individuals with Multiple Sclerosis or a physical disability.

**National Center on Physical Activity and Disability (NCPAD)****1-800-900-8086**

4000 Ridgeway Drive

[www.ncpad.org](http://www.ncpad.org)

Birmingham, AL 35209

Provides information and resources that can enable people with disabilities to become as physically active as they choose to be.

**Parkinson's Wellness Level One-Froedtert South****262-551-4700**

Froedtert South-Somers Medical Office

3400 Market Lane

Somers, WI 53144

Offers classes designed to improve balance and walking, and slow the progression of Parkinson's disease.

**Racine's Recreational Activities for the Developmentally Disabled (RADD)****262-633-0291**[www.radd-cpa.org](http://www.radd-cpa.org)

Recreational and respite programming for individuals age 5 and up, to help clients function as independently as possible, while working on key social, daily living and vocational skills. Offers two youth camps and two adult programs and one transition camp. Call for full details.



**RecPlex****262-947-0437**

9900 Terwall Terrace

[www.recplexonline.com](http://www.recplexonline.com)

Pleasant Prairie, WI 53158

A fitness and recreation center. Therapeutic recreation activities offered include a variety of classes for youth and adults with special needs. After-school care and summer camp for special needs individuals (youth and adult options) is also available.

Respite care is available every Saturday (unless a holiday) with transportation available the 1<sup>st</sup> and 3<sup>rd</sup> Saturday of the month for an additional cost.

Classes include adaptive swimming lessons, adapted yoga, adaptive Zumba and more lifelong leisure options. Please contact [TR@plprairie.com](mailto:TR@plprairie.com)

**SwimTastic Swim School-Special Needs Swim program****262-201-0500**

6940 Green Bay Road

Kenosha, WI

Offers a unique program to meet the needs of a special swimmer. Warm water pools, individual pools, customize the experience to best match your goals, facility has two ADA bathroom/changing rooms, ADA lifts.

**TaiChi at BCCUU (Bradford Unitarian Church)****262-496-0258**

The Taichi fundamentals are designed for older people or people with some weakness, practicing a form that does not include the most difficult stances and turns.

**Tender Touch Therapy, LLC.****262-653-0850**5219 88<sup>th</sup> Avenue[www.tendertouchtherapyllc.com](http://www.tendertouchtherapyllc.com)

Kenosha, WI 53144

Provides occupational, physical, and speech therapy services to children and their families in a unique pediatric setting. Serve clients in two community based facilities located in Racine and Kenosha Counties. Both clinics offer our clients state-of-the-art pediatric and neurologically based equipment, sensory motor gyms and aquatic therapy.

# OUTDOOR RECREATION

## **Adaptive Adventures**

9053 Harlan Street, Suite 34  
Westminster, CO 80031

**303-679-2770**

[www.adaptiveadventures.org](http://www.adaptiveadventures.org)

Adaptive sport and recreational activities to meet the needs of participants of all ages with disabilities. Certified staff can help identify a variety of activities appropriate for participants according to their level of physical and cognitive function.

## **Adaptive Sportsmen**

8727 West Coldspring Rd  
Greenfield, WI 53228

**414-916-2298**

or **414-333-4745**

[www.adaptivesportsman.org](http://www.adaptivesportsman.org)

Outdoor recreational opportunities for physically challenged people in Wisconsin. Activities include deer hunting, archery, ATV rides, fishing, boating and more.

## **Adaptive Water Skiing**

Wisconsin Water Ski Federation

**262-720-7031**

[www.waterski.org](http://www.waterski.org)

Use of sit skis and other adaptive equipment. Several groups participate and offer these unique water sports, contact for full details.

## **BOLD - Blind Outdoor Leisure Development**

Southeastern Wisconsin

**262-224-5517**

[www.wisconsinbold.com](http://www.wisconsinbold.com)

BOLD allows blind and visually impaired persons to experience outdoor sports and leisure activities while developing their social and athletic skills. Free to all legally blind individuals.

## **BOW**

Becoming an Outdoors Woman  
800 Reserve Street  
Stevens Point, WI 54481

**1-877-269-6626**

**715-346-4681**

[www.uwsp.edu/cnr/bow](http://www.uwsp.edu/cnr/bow)

Offers weekend workshops to introduce women to a variety of outdoor activities. Also offers pheasant, turkey, or deer hunts, fly-fishing, canoe trips and more. Part of the mission of BOW is to include women of all ages and abilities.

## **Challenge the Outdoors**

901 Anderson Drive  
Green Bay, WI 54304

**920-593-6300**

[www.ctoforme.org](http://www.ctoforme.org)

Outdoor events for sportsmen with disabilities. Events include fishing, ice fishing, hunting, and sport shooting.

**Diver Dan's Scuba & Aquatic Center**

3927 30<sup>th</sup> Avenue  
Kenosha, WI 53144

**262-652-9399**[www.diverdan.com](http://www.diverdan.com)

Provides instruction and practice for accessible SCUBA diving experience. Offers also, water exercise classes in 90° warm water pool. Call for details and schedule.

**Diveheart**

5100 Main Street  
Downers Grove, IL 60515

**630-964-1983**[www.diveheart.org](http://www.diveheart.org)

Build confidence, independence and self-esteem in children, adults and veterans of all abilities through scuba diving, scuba therapy and related activities. Utilizing certified adaptive dive buddies, Diveheart provides safe and inclusive activities for adaptive divers to enjoy the wonders of the aquatic world.

**Dream Playground Project** A fully accessible and inclusive playground located in Petzke Park (31st Street & 14th Avenue). - See more at: [www.thekac.com/playground](http://www.thekac.com/playground)

**Accessible fishing piers are located in Kenosha County:****Kenosha Harbor-Navy Memorial Pier**

52<sup>nd</sup> Street and 6<sup>th</sup> Avenue  
Kenosha, WI

**South Port Marina**

21 56<sup>th</sup> Street, Kenosha, WI

**Anderson Park Pond**

8730 22<sup>nd</sup> Avenue, Kenosha, WI

**Paddock Lake**

248<sup>th</sup> Avenue and 73<sup>rd</sup> Street, Paddock Lake, WI

**Fishing Has No Boundaries-Milwaukee Chapter ES****414-687-9621**[Fhnbgreatlakesmke.com](http://Fhnbgreatlakesmke.com)

An educational, volunteer organization whose purpose is to open the world of fishing to persons with all levels of physical abilities.

**Lynzay Legois Free Waterskiing Club**

Free waterski and adaptive waterskiing classes.

**262-497-8977**[www.lynzay.org/](http://www.lynzay.org/)**Midwest Therapeutic Riding Program**

1451 172<sup>nd</sup> Ave.  
Union Grove, WI 53182

**262-859-2240**[www.mtrpinc.org](http://www.mtrpinc.org)

Equine-assisted therapeutic riding for individuals age 2 ½-18yrs., with disabilities.

**Open the Outdoors****608-267-7490**[www.dnr.wi.gov/topic/openoutdoors/](http://www.dnr.wi.gov/topic/openoutdoors/)

Open the Outdoors is the portion of the DNR website devoted to connecting people with disabilities to accessible outdoor recreation around Wisconsin. From accessible cabins and campsites to trails and beaches, to kayaks and cross-country skis to hunting and fishing, information is available about a number of activities all year long.

**Project Mobility****630-762-9807**

2930 Campton Hills Rd  
St Charles, IL 60175

[www.projectmobility.org](http://www.projectmobility.org)

Recreational events using specialized bicycles for people with disabilities. Offers clinics, camps, and outings.

**Possibility Playground****262-377-2853**

Upper Lake Park  
Port Washington, WI

[possibilityplayground.org/](http://possibilityplayground.org/)

A playground built for all children of all abilities.

**Rock Creek Disabled Outdoor, Inc.****715-937-5109**

W9210 Rock Creek Rd  
Willard, WI 54493

[www.sunsetpinesresort.com/](http://www.sunsetpinesresort.com/)

Annual gun/deer hunt each fall. There is a specialized deer hunt for hunters with disabilities.

**SC Johnson Community Aquatic Center****262-347-4997**

2800 Ohio Street  
Racine, WI.

Open summer months only, two accessible pools, one has a ramp and the other is zero depth. A pool lift chair is also available. Call for hours and rates.

**Ski for Light, Inc.****612-827-3232**

1455 West Lake St  
Minneapolis, MN 55408

[www.sfl.org](http://www.sfl.org)

A program of cross-country skiing for individuals who are blind, low vision, or mobility impairment and their guides.

**SMILES - Special Methods In Learning Equine Skills****262-882-3470**

N2666 County Rd K  
Darien, WI 53114

Offers therapeutic and recreational horsemanship lessons to children and adults with disabilities.

**Southeastern Wisconsin Adaptive Ski Program (SEWASP)**

**414-533-7234**

Alpine Valley Resort

[www.sewasp.org](http://www.sewasp.org)

W2501 County Road D

Elkhorn, WI 53121

Adaptive alpine skiing instruction.

**Willow Creek Ranch**

**262-806-4080**

7404 Northwest Highway

[www.willowcreekranch.org](http://www.willowcreekranch.org)

Mukwonago, WI 53149

Therapeutic riding program for children and adults with a variety of disabilities and conditions.



## GROUP SPORTS



### **GLASA**

Great Lakes Adaptive Sports Assoc.  
27864 Irma Lee Circle  
Lake Forest, IL 60045

**847-283-0908**

[www.glasa.org](http://www.glasa.org)

Offers a variety of recreational and competitive sports for adults and children with physical and/or visual impairments at various locations in southeast Wisconsin and northern Illinois.

### **Super Stars**

Racine Area Soccer Association  
9509 Dunkelow Rd  
Franksville, WI 53126

**262-254-3225**

[www.racinesoccer.com/](http://www.racinesoccer.com/)

Brings the opportunity of learning and playing soccer to anyone with a developmental or physical disability. All ages, level of ability, siblings and friends are welcome.

### **UW Whitewater, Wheelchair Basketball Program**

**262-472-3169**

A wheelchair basketball team for ages 8 and up. Siblings are welcome to play when extra wheelchairs are available.

### **Wisconsin Adaptive Sports Association**

10700 W. Research Drive, #100  
Milwaukee, WI 53226

**262-385-5738**

[www.wisconsinadaptivesports.org/](http://www.wisconsinadaptivesports.org/)

Offers a wide variety of group sport opportunities such as wheelchair basketball, rugby, tennis, Lacrosse, softball; sled hockey, hand-cycling, OPEN Gym with future opportunities being planned.

### **Wisconsin Senior Olympics**

7700 W. Bluemound Road  
Wauwatosa, WI 53213

**414-755-1025**

[www.wiseniorolympics.com](http://www.wiseniorolympics.com)

**Wisconsin Shores Little League****262-551-7555**

Forest Park

[www.eteamz.active.com/wsl](http://www.eteamz.active.com/wsl)4216 25<sup>th</sup> Street

Kenosha, WI 53144

A Challenger Division of Little League Baseball for children with disabilities.

**Special Olympics of WI-Southeastern Region****262-518-2316**

Southeastern Region

[www.specialolympicswisconsin.org](http://www.specialolympicswisconsin.org)

375 Bishop Way #201

Brookfield, WI 53005

A statewide organization providing persons with cognitive disabilities year-round sports training and competition.

**TRAVEL****Accessible State Cabins**

For more information contact the park directly or you can call the Wisconsin State Parks at (608) 266-2181.

[www.dnr.wi.gov/topic/parks/camping/cabin.html](http://www.dnr.wi.gov/topic/parks/camping/cabin.html)**Buckhorn State Park****608-565-2789**

W8450 Buckhorn Park Ave

Necedah, WI 54646

**Harrington Beach State Park****262-285-3015**

531 County Road D

Belgium, WI 53004

**High Cliff State Park****920-989-1106**

N7630 State Park Rd

Sherwood, WI 54169

**Kettle Moraine State Forest****262-594-6200**

S91 W39091 Hwy 59

Eagle, WI 53119

**Kohler-Andre State Park****920-451-4080**

1020 Beach Park Lane

Sheboygan, WI 53081

**Mirror Lake State Park****608-254-2333**

10320 Ferndell Rd  
Baraboo, WI 53913

**Potawatomi State Park****920-746-2890**

3740 Park Drive  
Sturgeon Bay, WI 53913

**Richard Bong State Recreation Area****262-878-5600**

26313 Burlington Road  
Kansasville, WI 53139

**Bed and Breakfasts****Feathered Star****1-877-743-4066**

6202 Hwy 42  
Egg Harbor, WI 54209

[www.featheredstar.com](http://www.featheredstar.com)

Rooms have been designed to reduce barriers and meet the needs of individuals with disabilities.

**Welcome, HOME Bed and Breakfast****262-675-2525**

4260 W Hawthorne Drive  
West Bend, WI 53090

[www.welcomehouseof.org](http://www.welcomehouseof.org)**Lodges and Resorts****Pine Forest Lodge****715-476-2241**

2060 West Pine Forest Rd  
Mercer, WI 54547

[www.pineforestlodge.com](http://www.pineforestlodge.com)

Pine Forest Lodge has year-round wheelchair accessible cabins and recreational activities. Activities including fishing, pontoon boating, sea kayaking and games are available. Wheelchair sports: basketball, volleyball, badminton, and shuffleboard can be played on their outdoor sport court. Some cabins are available for a reduced rental fee; call for availability.

**Seth Petersen Cottage****608-254-6551**

Lake Delton, WI 53940

[www.sethpetersen.org](http://www.sethpetersen.org)

**Sunrise Lodge**

5894 West Shore  
Land O'Lakes, WI 54540

**1-800-221-9689****715-547-3684**[www.sunriselodge.com](http://www.sunriselodge.com)

Four season family resort. Most units are handicap accessible with one unit being completely barrier free.

**Sunset Pines Resort**

W9210 Rock Creek Rd  
Willard, WI 54493

**715-937-5109**[www.sunsetpinesresort.com](http://www.sunsetpinesresort.com)

Fully accessible year-round resort and cabins. Lodging Assistance Scholarship Program available.

**Tours and Trips****Able Trek Tours**

PO Box 384  
Reedsburg, WI 53959

**1- 800-205-6713**[www.abletrektours.com](http://www.abletrektours.com)

Fully staffed one-day and multi-day vacations for individuals who require assistance traveling. Most travelers are people with mild to moderate developmental disabilities.

**Abilities Travel Club**

**2120 N. 83<sup>rd</sup> Street**  
**Wauwatosa, WI 53213**

**414-759-2580**

Provides trips and outings to enhance independent living skills while traveling.

**Another Choice**

313 Bissen Place  
LaCrosse, WI 54603

**1-608-219-1303**

Supervised vacations for adults with disabilities.

**Guided Tour, Inc**

7900 Old York Road, Suite 114B  
Elkins Park, PA 19027

**1-800-783-5841**[www.guidedtours.com](http://www.guidedtours.com)

Supervised vacations for adults with developmental disabilities.

**Trips Inc**

PO Box 10885

Eugene, Oregon 97440

**1-800-686-1013**[www.tripsinc.com](http://www.tripsinc.com)

Provides all-inclusive vacation packages for adults of various abilities in a safe, respectful and fun atmosphere. Trips are designed for people with developmental disabilities and special needs who require assistance.

**Wilderness Inquiry**808 14<sup>th</sup> Ave SE

Minneapolis, MN 55414

**1-800-728-0719****612-676-9400**[www.wildernessinquiry.org](http://www.wildernessinquiry.org)

Focuses on getting people from all walks of life to personally experience the natural world. Trips are usually integrated to include older people, younger people, people with disabilities, veterans and individuals from different backgrounds. Over 100 trips are planned with at least 50 in the Wisconsin, Minnesota, Michigan and Canada area.

**Camps****Camp AweSum**

1410 Birchwood Drive

St. Germain, WI 54558

**715-479-4342**[www.campawesum.org](http://www.campawesum.org)

Residential summer camp that provides a safe and secure environment for youth with Autism ages 8-12. Camp is located on Moon Beach Camp, St. Germain, WI

**Camp Red Leaf**

26710 W Nippersink Rd

Ingleside, IL 60041

**847-740-5010**[www.nageelamidwest.org](http://www.nageelamidwest.org)

Summer resident camp for youth and adults with developmental disabilities. Program strives to increase self-esteem, improve social skill, and encourage independence in a natural environment.

**Camp Trek****847-283-0908**[www.glasa.org](http://www.glasa.org)

A partnership between Adaptive Adventures and Great Lakes Adaptive Sports Association, Camp Trek is a week long summer camp for children with physical disabilities. A wide range of indoor and outdoor sports including basketball, cycling, hand-cycling, kayaking, hockey, bocce, softball, tennis, aerobics, and arts & crafts are offered. Activities take place at Independence Grove and Oak Grove Middle School in Libertyville, IL.



**Camp Wawbeek****608-254-8319**

Easter Seals Wisconsin

**608-277-8288**

101 Nob Hill Rd Suite 301

[www.eastersealswisconsin.com](http://www.eastersealswisconsin.com)

Madison, WI 53713

Camp Wawbeek in Wisconsin Dells provides camping experiences for children and adults age 7 and up with physical disabilities, cognitive delay and other disabilities. There is boating, fishing, hiking, swimming, basketball, painting, obstacle courses or try flying through the air on a zip line. There are plenty of activities and everything is wheelchair accessible. Special sessions are available for siblings, age groups, and for children with Asperger's or high functioning Autism.

**Wisconsin Elks and Easter Seals Respite Camp****608-277-8288**

A respite camp located in Camp Wawbeek gives parents and caregivers time away from the stresses of caring for a loved one (ages 3 and up) with disabilities.

**Easter Seals Southeast Wisconsin****414-449-4444**WIL-O-WAY Summer Respite Camp

Wil-O-Way Grant Rec Center or

Wil-O-Way Underwood Rec Center

207 Lake Drive

10602 Underwood Parkway

South Milwaukee, WI 53172

Wauwatosa, WI 53226

Summer respite camp located in Milwaukee County for people ages 7 to 21 years old with a disability.

**Bike Camp****414-988-1260**

ASSEW-Autism Society of Southeastern WI

[www.assew.org](http://www.assew.org)3720 N. 124<sup>th</sup> Street, Suite O

Wauwatosa, WI 53222

Autism Society of Southeastern Wisconsin collaborates with the Down Syndrome Association of Wisconsin to host 2 weeks of bike camps for individuals with disabilities.

**Phantom Lake Camp (YMCA)****262-363-4386**

S110 W30240 YMCA Camp Road

[www.phantomlakeymca.com](http://www.phantomlakeymca.com)

Mukwonago, WI 53149

Integrated camp for ages 3-13 and overnight camp for ages 8-15.

**Wisconsin Lions Camp**

3834 County Road A

Rosholt, WI 54473

Quality camping experiences free-of-charge to Wisconsin residents with disabilities.

**715-677-4969**[www.wisconsinlionscamp.com](http://www.wisconsinlionscamp.com)**Wisconsin Badger Camp**

PO BOX 723

Platteville, WI 53818

In Prairie du Chien for developmentally and multiple disabled individuals aged 3-93. Everyone is accepted regardless of severity of disability. Also offers trips and primitive camping for individuals who want more outdoor adventure.

**608-348-9689**[www.badgercamp.org](http://www.badgercamp.org)

## **ADAPTIVE SERVICES AND EQUIPMENT**

**Canine Companions for Independence**

7480 New Albany-Condit Road

New Albany, OH 43054

**1-800-572-2275**[www.canine.org](http://www.canine.org)**Creative Mobility**

2930 Campton Hills Road

St. Charles, IL 60175

Offers adaptive equipment, adaptive Bikes, hand powered bikes and wheelchairs.

**1-800-711-BIKE (2453)**[www.thebikerack.com](http://www.thebikerack.com)**Custom Canines Service Dog Academy**

PO Box 105

Sun Prairie, WI 53590

**844-888-8850**[www.customcanines.org](http://www.customcanines.org)**Dare2tri Paratriathlon Club**

Chicago, Illinois

Dare2tri serves all ability levels of youth, adults and injured service members who have a physical disability-such as amputation, spinal cord injury, stroke, spina bifida, etc.- in the sport of Para -triathlon. Dare2tri provides services in para- triathlon clinics, practices and camps, and provides adaptive equipment at each event, if needed.

**312-967-9874**[www.dare2tri.org](http://www.dare2tri.org)**DUET Bikes-Biking Buddies program**

Independence First, Leadership Specialist

**414-226-8112**[www.independencefirst.org](http://www.independencefirst.org)

**Leader Dogs for the Blind**  
1039 S. Rochester Road  
Rochester Hills, MI 48307

**1-888-777-5332**  
**TTY 248-651-3713**  
[www.leaderdog.org](http://www.leaderdog.org)

**OccuPaws Guide Dog Association**  
P.O. Box 45857  
Madison, WI 53744

**608-772-3787**  
[www.occupaws.org/](http://www.occupaws.org/)

**Paws with a Cause**  
4646 South Division  
Wayland, MI 49348

**616-877-7297**  
[www.pawswithacause.org/](http://www.pawswithacause.org/)

**The Standing Company**  
5848 Dixie Highway  
Saginaw, MI 48601

**1-800-782-6346**  
[www.standingcompany.com](http://www.standingcompany.com)

Customized standing wheelchair manufacturer. Manual (rigid or folding), full-power and half-power wheelchairs available.

**WAGS- Wisconsin Academy for Graduate Service Dogs**  
Madison, WI 53703

**608-250-9247**  
[www.wags.net](http://www.wags.net)

Raises and trains service dogs to increase the ability of individuals with disabilities to independently execute functional, daily living skill, increase attendance in daily life events, and improve outlook on life, with the aid and support of a highly trained service dog.

## **Notes:**