



## SUSTAINABLE KENOSHA COUNTY



Sustainable Kenosha County is an initiative of Kenosha County Executive Jim Kreuser, in partnership with Kenosha County UW-Extension & Kenosha County Department of Public Works and Development Services.



### FIND LOCAL FOOD NEAR YOU!

We're fortunate to live in a part of the state rich with locally produced food AND lots of places to find it – from U-Picks to farmers markets. The 2019 Farm Fresh Atlas of Southeastern Wisconsin makes finding local food a breeze – listing farmers in the area that market directly to consumers, farmers markets throughout the region, and local-food supporting businesses and organizations. You can pick up a hard copy of the Atlas at the Kenosha County UW-Extension office or you can access it as a PDF online at [farmfreshatlas.org](http://farmfreshatlas.org), a new website listing farms and farmers markets throughout the entire state.



### KENOSHA COUNTY PARKS ACTIVITY GUIDE

The 2019 Kenosha County Parks Activity Guide is here! There are over 70 events planned for 2019, with the annual Picnic in the Park celebration to be held on Saturday, August 24 at Petrifying Springs Park. Pick up a copy of the activity guide at the Kenosha County Parks office or request one today at [kenoshacountyparks@kenoshacounty.org](mailto:kenoshacountyparks@kenoshacounty.org).

### FOOD SAFETY FOR SPRING CELEBRATIONS

Spring is the season for celebrating making it through the winter or graduating from your school of choice. In any case, the key to any celebration is good food and friends, and keeping the food safe helps keep your friends.

Many of us like to make the food ourselves for these events and in doing so we need to take precautions to ensure the food is safe. Handwashing is the cornerstone to any food safety program, so keep the hands clean; don't cut up chicken while making a salad. Next is temperature control. Keep the food hot or cold, that middle temperature is what the bacteria and viruses like. We call that the DANGER ZONE of 40°F-140°F. Never leave food in the danger zone for more than 2 hours or for 1 hour in temperatures above 90°F. When holding hot foods keep them at 140°F or above and cold foods at 40°F or below. Refer to [this booklet](#) for more tips on serving groups of people.

### FIGHT THE BITE: PREVENT TICK BITES

When enjoying time outdoors, it is important to be aware of ticks and take steps to protect yourself. You can take several steps to "fight the bite" and prevent illnesses spread by ticks, including using personal protection, removing ticks as soon as possible, and getting rid of ticks in your yard. Ticks are typically most active in Wisconsin from May to September, but it is still important to use caution year-round. If you spend time outdoors often, download the [Tick App](#), a free smartphone app from our partners at the [Midwest Center of Excellence for Vector-Borne Disease](#) that allows people living in areas with a high risk of Lyme disease to report ticks, learn tick bite prevention tips, and help researchers understand ticks and the illnesses they spread. For more information on tick bites and personal protection please contact the Kenosha County Division of Health by phone 262-605-6700 or [email](#) the Environmental Health Services Department.



### REMINDER: HOUSEHOLD HAZARDOUS WASTE EVENT

The 2019 Household Hazardous Waste Event is on Saturday, May 4th at the Kenosha County Center, Public Works Garage - 19600 75th St, Bristol. Kenosha County residents may drop off e-waste, refrigerant waste and household hazardous waste. For a list of accepted waste, click [here](#).